

HEARTS IN



ACTION

SUMMER CAMP



ADAPTABILITIES
CREATING SUCCESS FOR LIFE

JULY 3–AUGUST 31

Gear up for another exciting summer with AdaptAbilities!

Our Hearts in Action Summer Camp offers seven weeks of camp and two weeks of Respite, all including fun-filled activities that follow a unique theme.

Hearts in Action isn't your average summer camp. Each week, campers are exposed to elements of Recreation & Motor Development, Expressive Arts, and Essential Life Skills as part of the AdaptAbilities promise.

We engrain educational components and learning moments into every themed camp that can be incorporated into real-life experiences year-round.

Hearts in Action Summer Camp allows people to grow, succeed, and belong, one action-packed week at a time!

IMAGINATION ENGINEERS

Challenge your imagination while discovering feats of engineering as you build your own race cars, towers, and bridges! You will even get to build a robot! Head into Virtual Reality at Breakout VR, and explore the digital world; it's a video gamers's tech dream! This week will offer a great mix of constructive building techniques, recreation opportunities, and field trips!

WEEK 1: JULY 3-6



ADAPTABILITIES OLYMPICS



Get ready for an action-packed week! Campers will experience the Olympics like never before; from the Opening Ceremonies all the way through to the Closing Ceremonies on the last day of camp! Experience a variety of fun activities, while learning about different cultures. Compete in our track and field championships! Create your own trading card, and be recognized at the Medal Ceremony each day!

WEEK 2: JULY 9-13

TIME TRAVELERS: WILD, WILD WEST EDITION

Calling all cowboys and cowgirls! AdaptAbilities is searching for the Most Wanted campers this summer! Experience "roping a calf", visit the old general store, and make bannock at Fort Edmonton Park! Visit the old-time ferris wheel, ride the merry-go-round, and play carnival games. This week is all about the Wild West Showdown!



WEEK 3: JULY 16-20

WHIMSICAL WIZARDS



You have been accepted into the school of witchcraft and wizardry! Over the next week, you will be sorted into your house, make your very own wand, and participate in the Hogwarts House Cup! Campers will experience the thrill of Monday Morning Magic in the Muggle World, play Quidditch, and avoid the ever-present "You Know Who".

WEEK 4: JULY 23-27

THE CREATION STATION

Explore your musical and creative talents - will you be the next AdaptAbilities Idol? Visit the Makers Space and use the green screen to create your own music video! Watch the Street Performers and copy their moves! Campers will write songs, choreograph a dance, create a flash mob, make costumes, draw, and use technology to create animations. Get those creative juices flowing!

WEEK 5: JULY 30-AUGUST 3



WILDERNESS WONDERS

What could be more Canadian than exploring the great outdoors? Join us for a week of adventure as we play games, make crafts, and discover what this beautiful country has to offer. We will travel offsite for field trips to enjoy Mother Nature's playground! Learn survival techniques, cook over a fire, scavenge for hidden treasures, and haul your knapsack into the Canadian wilderness at the John Janzen Nature Centre!



WEEK 6: AUGUST 7-10

ASTRONAUT ADVENTURES

For our final week of camp, blast off at the Telus World of Science! Jump on the moon, launch rocket ships, learn about gravity, and view constellations! Try your hand at building your own UFO and tasting authentic space food. One small step for man, one giant leap for AdaptAbilities!

WEEK 7: AUGUST 13-17



August Respite

BIOLOGY BUFFS

Let's get together and party for our planet! Explore biodiversity while understanding sustainability. Learn about recycling, gardening, and animals right here in Edmonton! Campers will exercise their creativity through a variety of sustainable crafts, and explore the River Valley to learn about the incredible nature we have in our very own backyard! Climb high and see the world from a bird's eye view.



RESPIRE 1: AUGUST 20-24



SPY SKILLS 101

Go incognito and become the next James Bond! Each day campers complete a special mission, craft, and an activity with a team of fellow agents to earn their stripes. At the end of the week, campers graduate as the newest AdaptAbilities Agents and receive a custom Spy Certificate! Acquire the skills of an undercover spy, while having the time of your life! Avoid getting shot at Laser Tag and practice your Nerf Gun target skills! Campers may create a new identity, solve riddles, and find hidden clues to help accomplish their missions!



RESPIRE 2: AUGUST 27-31

TS CAMP

AdaptAbilities offers exclusive Tourette Syndrome camps during Weeks 3 and 4 for children* diagnosed with Tourette Syndrome.

JULY 16-20 | JULY 23-27

**Children must be able to participate in a 1:4 group setting.*

TECH FUSION

FOR AGES 13-17 YEARS*

These exciting camps allow teens to explore themed activities with a focus on technology, while developing essential life skills by taking transit each day in the community. Technology is mixed with various activities for participants to enjoy, like sports, creative arts, cooking, and more!

**Teens must be able to participate in a 1:4 group setting.*

INCLUSION CAMPS

These are offered for participants looking to experience a community camp of their choice, with additional supports provided by AdaptAbilities.

REGISTRATION & FEES

All camp registrations require a \$100 deposit. This dollar amount is applied to the Parent Cost Share portion of camp, and it holds your spot! Parental Cost Shares are due June 1, 2018.

NEW TO AdaptAbilities?

Families who have not previously accessed services are required to pay a one-time \$50 non-refundable membership fee. This will cover administration costs as well as a lifetime membership!

Please contact our office at 780-431-8446 to arrange an inquiry if you are a new participant. We can't wait to meet you!

PRE- AND POST-CAMP SUPPORT

Life can get pretty busy in the summer months, which is why we offer support for participants and families every morning and afternoon, before and after camp!

**EVERY CAMPER
GETS A FREE
HEARTS IN
ACTION
T-SHIRT!**



Visit adaptabilities.ca
for more information.

