ADAPTABILITIES CREATING SUCCESS FOR LIFE

Adult: July 30 - August 3, The Creation Station

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:15	Lead Activity / Morning Energizer Introduction/Ice Breaker Games	Lead Activity / Morning Energizer Hot potato	Lead Activity / Morning Energizer Name Game	Lead Activity / Morning Energizer Morning Yoga	Lead Activity / Morning Energizer Guess the Item
9:15- 9:30	Group Check In Who is your favorite singer?	Group Check In What is the best thing ever invented?	Group Check In What is your favorite movie?	Group Check In If you could make a movie, what would it be about?	Group Check In If you could create/ invent something, what would it be?
9:30- 12:00	Purposeful Activity Costume Design	Recreation Take ETS to go Swimming at City of Edmonton Rec Centre	Purposeful Activity Karaoke	Community Outing Reuse Centre - shop till you drop!	Community Outing Tour the Science Hardware Hackerspace (The Shack) at University of Alberta (11am)
12:00- 12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30- 3:00	Community Outing Paddle Boating Hawrelak Park 12 pm- 2pm (Adult 1: 12-1pm & Adult 2: 1-2pm) Arrive back by 3pm	Recreation Swimming Arrive back by 3pm.	Come up with a flash mob dance routine! Arrive back by 3pm	Purposeful Activity Cardboard & Egg carton creations! Arrive by 3pm.	Recreation Hawrelak Park - outdoor sports Arrive by 3pm.
3:00- 6:00	Aftercare	Aftercare	Aftercare		Aftercare