











GROUP: TEEN

WEEK 3

Monday July 17	Tuesday July 18	Wednesday July 19	Thursday July 20	Friday July 21
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLEUP	9:00 AM LEAD ACTIVITY HUDDLEUP	9:00 AM LEAD ACTIVITY HUDDLEUP	9:00 AM LEAD ACTIVITY HUDDLEUP	9:00 AM LEAD ACTIVITY HUDDLEUP
9:15 AM EXPRESSIVE ARTS Letter Monograms	9:15 AM RECREATION & MOTOR Sun Salutation	9:15 AM ESSENTIAL SKILLS Transit Safety	9:15 AM RECREATION & MOTOR Rhythmic Movement	9:15 AM ESSENTIAL SKILLS Oobleck Experiment
11:00 AM EXPRESSIVE ARTS Canvas Sunset Painting	10:00 AM ESSENTIAL SKILLS Kitchen Layered Lemonade	11:00 AM FIELD TRIP The Rec Room (South) 	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	11:00 AM FIELD TRIP K-Days 
12:00 PM LUNCH BREAK	12:00 AM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:15 PM LUNCH BREAK
WATER FIGHT Water Balloons, Super Soakers 	 1:00 PM SPECIAL GUEST Artventures 	FIELD TRIP The Rec Room (South) 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP K-Days 
1:45 PM RECREATION & MOTOR Amazing Race	1:45 PM ESSENTIAL SKILLS Backyard Science	1:45 PM EXPRESSIVE ARTS Pressed Flower Lanterns	1:45 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	1:45 PM 
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: activities and field trips are subject to change without notice.