## **GROUP: YOUNG ADULTS**

WEEK 3



Monday	Tuesday	Wednesday	Thursday	Friday
July 17	July 18	July 19	July 20	July 21
<b>7:30 – 9:00 AM</b>	7:30 – 9:00 AM	<b>7:30 – 9:00 AM</b>	<b>7:30 – 9:00 AM</b>	7:30 – 9:00 AM
BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE	BEFORE CARE
9:00 AM	9:00 AM	9:00 AM	9:00 AM	9:00 AM
LEAD ACTIVITY	LEAD ACTIVITY	LEAD ACTIVITY	LEAD ACTIVITY	LEAD ACTIVITY
HUDDLE	HUDDLE	HUDDLE	HUDDLE	HUDDLE
9:15 AM ESSENTIAL SKILLS Backyard Science	9:15 AM RECREATION & MOTOR Nature Scavenger Hunt	9:15 AM ESSENTIAL SKILLS Transit Safety	9:15 AM RECREATION & MOTOR Rhythmic Movement	9:15 AM ESSENTIAL SKILLS Kitchen Layered Lemonade
11:00 AM FIELD TRIP Royal Alberta Museum	B 10:30 AM SPECIAL GUEST Artventures  ARTVENTURES	11:00 AM FIELD TRIP Vertically Inclined	11:00 AM FIELD TRIP Swimming Terwillegar Rec Centre	11:00 AM FIELD TRIP K-Days DAYS
12:00 PM	11:00 AM	12:00 PM	12:00 PM	12:15 PM
LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK	LUNCH BREAK
WATER FIGHT Water Balloons, Super Soakers	12:30 PM FIELD TRIP Hexagon Boardgame Cafe	VERICALY INCLINED	FIELD TRIP Swimming Terwillegar Rec Centre	FIELD TRIP K-Days DAYS
1:45 PM RECREATION & MOTOR Amazing Race	1:45 PM EXPRESSIVE ARTS Summer Banner	1:45 PM <b>Bingo</b>	1:45 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	1:45 PM ESSENTIAL SKILLS Frozen Crunchy Slime
2:45 PM	2:45 PM	<b>2:45 PM</b>	2:45 PM	2:45 PM
PREPARE FOR PICK-UP	PREPARE FOR PICK-UP	PREPARE FOR PICK-UP	PREPARE FOR PICK-UP	PREPARE FOR PICK-UP
3:00 – 6:00 PM	3:00 – 6:00 PM	3:00 – 6:00 PM	3:00 – 6:00 PM	3:00 – 6:00 PM
AFTER CARE	AFTER CARE	AFTER CARE	AFTER CARE	AFTER CARE

**Note:** activities and field trips are subject to change without notice.