










# GROUP: YOUNG ADULTS

## WEEK 5



Monday July 31	Tuesday August 1	Wednesday August 2	Thursday August 3	Friday August 4
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE <sup>UP</sup>	9:00 AM LEAD ACTIVITY HUDDLE <sup>UP</sup>	9:00 AM LEAD ACTIVITY HUDDLE <sup>UP</sup>	9:00 AM LEAD ACTIVITY HUDDLE <sup>UP</sup>	9:00 AM LEAD ACTIVITY HUDDLE <sup>UP</sup>
9:15 AM EXPRESSIVE ARTS Blindfolded Artists	9:15 AM RECREATION & MOTOR Mindful Meditation	9:15 AM ESSENTIAL SKILLS Transit Safety	9:15 AM EXPRESSIVE ART Improv Games	9:15 AM ESSENTIAL SKILLS Backyard Sciences
11:00 AM EXPRESSIVE ARTS Tie Dye Tote Bags	11:00 AM FIELD TRIP Stanley Milner Library  EDMONTON PUBLIC LIBRARY	11:00 AM FIELD TRIP Campfire at Whitemud 	11:00 AM FIELD TRIP Swimming Terwillegar Rec Centre 	11:00 AM FIELD TRIP Combat Archery 
12:00 PM LUNCH BREAK	11:00 AM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:15 PM LUNCH BREAK
WATER FIGHT Water Balloons, Super Soakers 	FIELD TRIP Stanley Milner Library  EDMONTON PUBLIC LIBRARY	1:00 PM FIELD TRIP Whitemud Ravine Nature Walk 	FIELD TRIP Swimming Terwillegar Rec Centre 	FIELD TRIP Combat Archery 
1:45 PM RECREATION & MOTOR Group Games	1:45 PM TRANSIT TO CENTRE	1:45 PM TRANSIT TO CENTRE	1:45 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	1:45 PM EXPRESSIVE ARTS Affirmation Board
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

**Note:** activities and field trips are subject to change without notice.