
















GROUP: YOUNG ADULTS

WEEK 8

Monday August 21	Tuesday August 22	Wednesday August 23	Thursday August 24	Friday August 25
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 
9:15 AM ESSENTIAL SKILLS Backyard Sciences	9:15 AM RECREATION & MOTOR Capture the flag	9:15 AM ESSENTIAL SKILLS Transit safety	9:15 AM EXPRESSIVE ARTS Improv games	9:15 AM ESSENTIAL SKILLS Birthday cake slime
10:00 AM FIELD TRIP Jackie Parker Park 	10:00 AM FIELD TRIP Foam fighters 	10:00 AM FIELD TRIP Stanley Milner Library 	11:00 AM FIELD TRIP Swimming Terwillegar Rec Centre 	10:00AM FIELD TRIP Fort Edmonton Park 
12:00 PM LUNCH BREAK	12:00 PM PICNIC LUNCH	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:15 PM LUNCH BREAK
WATER FIGHT Water Balloons, Super Soakers 	FIELD TRIP Foam Fighters 	1:00 PM FIELD TRIP Churchill square 	FIELD TRIP Swimming Terwillegar Rec Centre 	FIELD TRIP Fort Edmonton Park 
1:45 PM EXPRESSIVE ARTS Kindness rocks	1:45 PM EXPRESSIVE ARTS Fridge magnet tiles	1:45 PM RECREATION & MOTOR Frisbee bowling	2:00PM ESSENTIAL SKILLS Mindfulness Meditation Sensory Unwind	2:00 PM TRANSIT TO CENTRE
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: activities and field trips are subject to change without notice.