ADAPTABILITIES CREATING SUCCESS FOR LIFE

Adult: August 7-10, Wilderness Wonders

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:15		Lead Activity / Morning Energizer Introduction/ Ice Breaker activities	Lead Activity / Morning Energizer Charades/ Heads up	Lead Activity / Morning Energizer What's that song?	Lead Activity / Morning Energizer Guess the Logo
9:15-9:30		Group Check In	Group Check In	Group Check In	Group Check In
		What would you pack in a disaster survival kit?	What is your favorite wild animal?	If you were trapped on an island and could only bring 3 things what would they be?	Do you think it's easier to survive in extreme heat or cold?
9:30-12:00		Recreation	Purposeful Activity	Recreation	Recreation
		Take ETS to go Swimming at City of Edmonton Rec Centre	Wilderness Survival activities	Gym/Outdoor Activities	Gym/Outdoor Activities
12:00-12:30		Lunch	Lunch	Lunch	Lunch
12:30-3:00	Z	Recreation Swimming at City of Edmonton Rec Centre Arrive back by 3pm.	Recreation Edmonton Corn Maze 12-2pm Board bus 11:30 am CORNIANT Board bus 2pm, arrive	Community Outing Take ETS to John Janzen Nature Centre 12:30-2pm guided tour Arrive back by 3pm.	Purposeful Activity Geocaching at Kinsmen Park Arrive back by 3pm
3:00-6:00	Aftercare	Aftercare		Aftercare	Aftercare
3:00-6:00	Aftercare	Edmonton Rec Centre Arrive back by 3pm.	12-2pm Board bus 11:30 am	Janzen Nature Centre 12:30-2pm guided tour Arrive back by 3pm.	Kinsmen Park Arrive back by 3pm

Note: Activities and field trips subject to change without notice