

Programs and Services

Locations and Hours of Operation

We are proud to offer a variety of programs and services. Locations and hours of operation are listed below:

Program	Day(s)	Time
McKernan House - 11226-75th Avenue		
Community Connect	Mon - Fri	7:30am-6:00pm
High School Transition	Mon - Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
CC Evening	Thursday	5:30pm-9:30pm <i>(In community 6-9)</i>
McKernan Respite Centre - 11341 - 78th Avenue		
Out of School	Mon - Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
Community Connect	Mon - Fri	7:30am-6:00pm
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm
Teen Night	Thursday	5:30pm-9:30pm <i>(In community 6-9)</i>
Pre-Teen Night	Friday	5:30pm-9:30pm <i>(In community 6-9)</i>
Meadowlark Respite Centre - 8721 - 163rd Street		
Out of School	Mon - Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
Community Connect	Mon - Fri	7:30am-6:00pm
TS Teen Night	Friday	5:30pm-9:30pm <i>(In community 6-9)</i>
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm

Program	Day(s)	Time
Locations vary depending on the age of participant		
HIA Year Round	Mon-Fri	9:00am-3:00pm <i>(before and after care options available)</i>
HIA Summer	Mon-Fri	9:00am-3:00pm <i>(before and after care options available)</i>
Individual's home		
In Home	Any time	Hours vary depending on the interest of the individual

Note: If respite is required outside of the hours listed, contact our office, or via phone at (780) 431-8446.

AdaptAbilities Head Office - 10130 82 Avenue

Day(s)	Time
Mon-Fri	8:30am-4:30pm

