



**ADAPTABILITIES**  
CREATING SUCCESS FOR LIFE

# Child, Pre-Teen, Jr. Teen: July 30-August 3, Creation Station

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - 9:30	<b>Centre Activities/Circle Time</b> Introduction/ Ice Breaker Game	<b>Centre Activities/Circle Time</b> What is your favorite TV show?	<b>Centre Activities/Circle Time</b> Who is your favorite actor?	<b>Centre Activities/Circle Time</b> Charades	<b>Centre Activities/Circle Time</b> What is your favorite song?
9:30-10:30	<b>Rec &amp; Motor</b> Movie Set Scavenger Hunt	<b>Field Trip</b> Child YMCA Welcome Village Cooking Class (10:00am-11:30am) Board yellow bus at 9:30am. Take ETS back.	<b>Rec &amp; Motor</b> Musical Chairs	<b>Rec &amp; Motor</b> Learn a new dance	<b>Rec &amp; Motor</b> Freeze Dance
10:30-11:00	<b>Expressive Arts</b> Costume Design	<b>Field Trip</b> Pre-Teen YMCA Welcome Village Cooking Class (12:00pm-1:30pm) Take ETS.	<b>Essential Life Skills</b> How to make popcorn	<b>Essential Life Skills</b> Film Reel Jam Sandwiches	<b>Essential Life Skills</b> Hollywood Star Pancakes
11:00-12:00	<b>Field Trip</b> Jr. Teen YMCA Welcome Village Cooking Class (12:00pm-1:30pm) Take ETS.	<b>Field Trip</b> Pre-Teen YMCA Welcome Village Cooking Class (12:00pm-1:30pm) Take ETS there. Board yellow bus at 1:45pm to come back.	<b>Expressive Arts</b> Themed Coloring 	<b>Expressive Arts</b> Dance Battle 	<b>Expressive Arts</b> Karaoke 
12:00-12:30	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Lunch</b>
12:30-1:30			<b>Rec &amp; Motor</b> Playground Games 	<b>Afternoon Activities</b> Bouncy Castle 	<b>Field Trip</b> Swimming at Commonwealth Board bus 11:30 am. Swim Time:12pm-2pm 
1:30-2:00	<b>Rec &amp; Motor</b> King Edward Park Playground 	<b>Centre Activities</b> Play Foam Stacking Cups Face Painting	<b>Special Interest Activity</b> Imagination Playground 	<b>Legislative Grounds</b> 	Swimming at Commonwealth Swim time: 12pm-2pm 
2:00-2:15	<b>Bathroom Break</b>	<b>Bathroom Break</b>	<b>Bathroom Break</b>	Depart by 2:00pm Arrive by 2:30pm	Board bus by 2:30pm Arrive by 3:00pm
2:15-2:45	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>	<b>Afternoon Activity</b>		
2:45-3:00	<b>Prepare for Pickup</b>	<b>Prepare for Pickup</b>	<b>Prepare for Pickup</b>	<b>Prepare for Pickup</b>	<b>Prepare for Pickup</b>
3:00-6:00	<b>Aftercare</b>	<b>Aftercare</b>	<b>Aftercare</b>	<b>Aftercare</b>	<b>Aftercare</b>

Note: Activities and field trips subject to change without notice

● teamwork ● peace of mind ● integrity ● capacity building ● belonging ● compassion