

Teen: July 9-13, Adaptabilities Olympics

Time	Monday	Tuesday	Wednesday	Thursday	Friday
9:00 – 9:15	Lead Activity / Morning Energizer Introduction/Ice Breaker Games	Lead Activity / Morning Energizer Charades	Lead Activity / Morning Energizer Rock, Paper, Scissors Challenge	Lead Activity / Morning Energizer Simon Says	Lead Activity / Morning Energizer The Cold Wind Blows
9:15-9:30	Group Check In What is your favorite Olympic sport and Why?	Group Check In What is good sportsmanship? How can you show it?	Group Check In Who is your favorite Olympic athlete?	Group Check In Olympic Trivia!	Group Check In Where are the next Summer and Winter Olympics held?
9:30-12:00	Purposeful Activity AdaptAbilities' Olympics Make a Team Banner 	Purposeful Activity Day 2 of games. Make Olympic Medals 	Recreation AdaptAbilities' Olympics Trials! Day 3 of games. 	Recreation Take ETS to go Swimming at City of Edmonton Rec Centre 	Purposeful Activity Closing Ceremony and day 5 of games. 
12:00-12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30-3:00	Community Outing AdaptAbilities' Olympics Trials! Day 1 of games and opening ceremony. 	Recreation Floor Curling 	Recreation Ortona Gymnastics (12:30pm-1:30pm) Day 2 of games. 	Recreation Day 4 of games.  Swimming at City of Edmonton Rec Centre Arrive back by 3pm.	Recreation Performer's Festival. 
3:00-6:00	Aftercare	Aftercare	Aftercare	Aftercare	Aftercare

Note: Activities and field trips subject to change without notice