





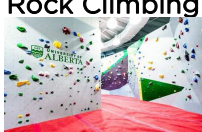




# Adult South Group – Week 1: Summer Survivor

Time	Monday July 1	Wednesday July 3	Tuesday July 2	Thursday July 4	Friday July 5
7:30 – 9:00	<b>NO CAMP!</b>	<b>Before Care</b> Activity Stations	<b>Before Care</b> Activity Stations	<b>Before Care</b> Activity Stations	<b>Before Care</b> Activity Stations
9:00 – 9:15		<b>Group Check In</b> What is your favorite summer activity?	<b>Group Check In</b> Introductions Ice Breaker Games	<b>Group Check In</b> One thing you want to try this summer?	<b>Group Check In</b> Have you ever been to a music/food festival?
9:15 – 9:45		<b>Morning Energizer</b>	<b>Morning Energizer</b>	<b>Morning Energizer</b>	<b>Morning Energizer</b>
9:45 – 10:30		Transit to Activity	<b>Purposeful Activity</b> DIY Bird Feed Block 	Transit to Activity	Bus to Activity
10:30 – 11:15		<b>Community Outing</b> Goldbar Park Campfire Cooking 	<b>Purposeful Activity</b> Frozen Fruit Pops 	<b>Community Outing</b> Clairview Rec Centre Swimming 	<b>Community Outing</b> Elk Island National Park Group Hike 
11:15 – 12:00			Transit to Activity		
12:00 – 12:30		<b>Picnic Lunch</b>	<b>Lunch</b>	<b>Lunch</b>	<b>Picnic Lunch</b>
12:30 – 1:15		<b>Goldbar Park</b> Group Games 	<b>Recreation</b> Wilson Climbing Centre Rock Climbing 	<b>Clairview Rec Centre</b> Drop-In Fitness Class 	<b>Elk Island National Park</b> Canoeing/Kayaking 
1:15 – 2:45		Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Bus to Centre Arrive 2:45
2:45 – 3:00		Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00		<b>After Care</b> Activity Stations	<b>After Care</b> Activity Stations	<b>After Care</b> Activity Stations	<b>After Care</b> Activity Stations

Note: Activities and field trips subject to change without notice.

