


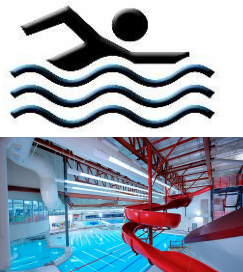







# Adult West Group – Week 1: Summer Survivor

Time	Monday July 1	Wednesday July 3	Tuesday July 2	Thursday July 4	Friday July 5
7:30 – 9:00	<b>NO CAMP!</b>	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15		Group Check In What is your favorite summer activity?	Group Check In Introductions Ice Breaker Games	Group Check In One thing you want to try this summer?	Group Check In Have you ever been to a music/food festival?
9:15 – 9:45		Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30		Transit to Activity	Purposeful Activity DIY Bird Feed Block 	Transit to Activity	Bus to Activity
10:30 – 11:15		Community Outing Goldbar Park Campfire Cooking 	Purposeful Activity Frozen Fruit Pops 	Community Outing Terwillegar Rec Centre Swimming 	Community Outing Elk Island National Park Group Hike 
11:15 – 12:00		Picnic Lunch	Lunch	Lunch	Picnic Lunch
12:00 – 12:30		Goldbar Park Group Games 	Recreation Wilson Climbing Centre Rock Climbing 	Terwillegar Rec Centre Drop-In Fitness Class 	Elk Island National Park Canoeing/Kayaking 
12:30 – 1:15		Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Bus to Centre Arrive 2:45
1:15 – 2:45		Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
2:45 – 3:00		After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations
3:00 – 6:00					

Note: Activities and field trips subject to change without notice.

