
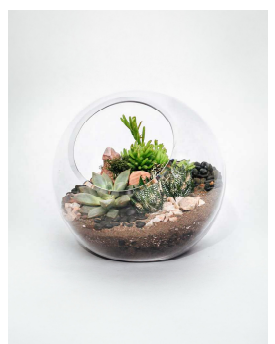


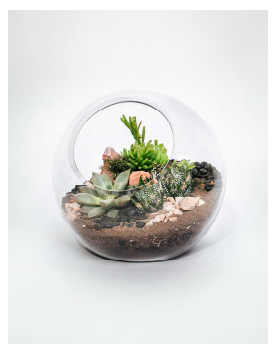



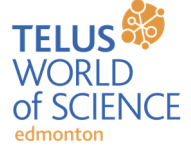







Adult West Group – Week 2: Guide to the Galaxy

Time	Monday July 8	Tuesday July 9	Wednesday July 10	Thursday July 11	Friday July 12
7:30 – 9:00	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15	Group Check In Introductions Ice Breaker Games	Group Check In Why do astronauts float in space?	Group Check In Who owns the international space station?	Group Check In Do you need to wear safety glasses when looking at the sun?	Group Check In What is a meteor? Have you ever seen one?
9:15 – 9:45	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30	Purposeful Activity Space Sun Catcher 	Purposeful Activity Build a Terrarium 	Transit to Activity Community Outing Terwillegar Rec Centre Swimming 	Mystery Block ? Recreation Group Games 	Transit to Activity
10:30 – 11:15	Mystery Block ? Transit to Activity			Purposeful Activity DIY Stress Balls 	Community Outing Street Performers Festival 
11:15 – 12:00	Community Outing TELUS World of Science 				
12:00 – 12:30	Lunch	Lunch	Lunch	Lunch	Picnic Lunch
12:30 – 1:15	TELUS World of Science 	Community Outing Dragons Tail Mini Golf 	Terwillegar Rec Centre Drop-In Fitness Class 	Recreation Rock Jungle Fitness Rock Climbing 	Street Performers Festival 
1:15 – 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45
2:45 – 3:00	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations

Note: Activities and field trips subject to change without notice.

