















Adult West Group – Week 3: Wild Waters

Time	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19
7:30 – 9:00	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15	Group Check In Introductions Ice Breaker Games	Group Check In Why is it important to drink water?	Group Check In What's your favorite water activity?	Group Check In Who needs water to live?	Group Check In Will it float?
9:15 – 9:45	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30	Purposeful Activity DIY Water Bottle Carriers 	Mystery Block 	Transit to Activity Community Outing Terwillegar Rec Centre Swimming 	Purposeful Activity Ocean Origami 	Transit to Activity Community Outing Fred Broadstock Outdoor Pool 
10:30 – 11:15		Transit to Activity Community Outing Hawrelak Park 		Transit to Activity Community Outing Taste of Edmonton 	
11:15 – 12:00	Purposeful Activity Sand Dollar Ornaments 				
12:00 – 12:30	Lunch	Picnic Lunch	Lunch	Lunch	Picnic Lunch
12:30 – 1:15	Mystery Block 	Hawrelak Park Paddle Boats 	Terwillegar Rec Centre Drop-In Fitness Class 	Taste of Edmonton 	Brightview School Park Group Games 
1:15 – 2:45	Special Interest Water Balloon Games 	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45
2:45 – 3:00	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations

Note: Activities and field trips subject to change without notice.

