



**ADAPTAbILITIES**  
CREATING SUCCESS FOR LIFE

# Adult West Group – Week 6: Mad Science

Time	Monday Aug 5	Tuesday Aug 6	Wednesday Aug 7	Thursday Aug 8	Friday Aug 9
7:30 – 9:00	NO CAMP!	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15		Group Check In Introductions Ice Breaker Games	Group Check In What two elements are salt made of?	Group Check In What causes a rainbow?	Group Check In How is lightning made?
9:15 – 9:45		Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30		Purposeful Activity String Drag Art 	Transit to Activity Community Outing Terwillegar Rec Centre Swimming 	Recreation Group Games 	Purposeful Activity DIY Geode Soap 
10:30 – 11:15		Transit to Activity		Transit to Activity	Recreation Giant Soccer 
11:15 – 12:00		Community Outing U of A Science Walk 		Community Outing TELUS World of Science 	
12:00 – 12:30		Picnic Lunch U of A 	Lunch Terwillegar Rec Centre Drop-In Fitness Class 	Lunch TELUS World of Science Myth Busters Exhibit 	Lunch Mystery Block 
12:30 – 1:15					Special Interest Ice Cream in a Bag 
1:15 – 2:45			Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45	
2:45 – 3:00			Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00		After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	

Note: Activities and field trips subject to change without notice.



● compassion ● belonging ●  capacity building ● integrity ●  peace of mind ● teamwork ●