





# Jr. Teen Group – Week 3: Wild Waters

Time	Monday July 15	Tuesday July 16	Wednesday July 17	Thursday July 18	Friday July 19
7:30 – 9:00	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15	Group Check In Introductions Ice Breakers	Group Check In Why is it important to drink water?	Group Check In What's your favorite water activity?	Group Check In Who needs water to live?	Group Check In LRT/Transit Safety
9:15 – 9:45	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30	Essential Life Skills Super Summer Safety 	Rec & Motor Group Games 	Transit to Activity  Field Trip Millcreek Pool Outdoor swimming	Transit to Activity	Mystery Block  
10:30 – 11:15	Rec & Motor Giant Beach-Ball Volleyball 	Transit to Activity  Rundle Park Disk Golf 		Field Trip WEM Waterpark Waterpark 	 Transit to Activity Lunch
11:15 – 12:00	Expressive Arts DIY Water Bottles 				Field Trip Commonwealth Rec Centre Swimming 
12:00 – 12:30	Lunch	Picnic Lunch	Picnic Lunch	Lunch	
12:30 – 1:15	Mystery Block 	Rundle Park Paddle Boating 	Transit to Centre Mystery Block 	WEM Waterpark 	
1:15 – 2:45	Special Interest Water Balloon Games 	Transit to Centre Arrive 2:45	Outdoor Activity Jug & Jog 	Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45
2:45 – 3:00	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations

Note: Activities and field trips subject to change without notice.

