

Jr. Teen Group – Week 1: Summer Survivor

Time	Monday July 1	Tuesday July 2	Wednesday July 3	Thursday July 4	Friday July 5
7:30 – 9:00	NO CAMP!	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15		Group Check-In	Group Check-In	Group Check-In	Group Check-In
9:15 – 9:45		Introductions Ice Breaker Games	What things remind you of summer?	What is your favorite summer activity?	LRT/Transit Safety
9:45 – 10:30		Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
10:30 – 11:15		Transit to Activity	Expressive Arts Branch Weaving 	Essential Life Skills Make Seed Bombs 	Mystery Block 
11:15 – 12:00		Field Trip Whitemud Park Outdoor Skills Experience  	Transit to Activity	Rec & Motor Giant Soccer 	Rec & Motor Group Games 
12:00 – 12:30		Picnic Lunch	Lunch	Lunch	Lunch
12:30 – 1:15		Whitemud Park Group Games 	Vertically Inclined 	Mystery Block 	Field Trip Commonwealth Rec Centre Swimming  
1:15 – 2:45		Transit to Centre Arrive 2:45	Transit to Centre	Special Interest Make Tie-Dye Shirts 	Transit to Centre Arrival 2:45
2:45 – 3:00		Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	

Note: Activities and field trips subject to change without notice.

