

# Programs and Services

## Locations and Hours of Operation

We are proud to offer a variety of programs and services. Locations and hours of operation are listed below:

Program	Day(s)	Time
<b>McKernan House - 11226-75<sup>th</sup> Avenue</b>		
Community Connect	Mon - Fri	7:30am-6:00pm
High School Transition	Mon - Fri	2:00pm-6:00pm ( <i>Thurs. early dismissal</i> )
CC Evening	Thursday	5:30pm-9:30pm
<b>McKernan Respite Centre - 11341 - 78<sup>th</sup> Avenue</b>		
Out of School	Mon - Fri	2:00pm-6:00pm ( <i>Thurs. early dismissal</i> )
Community Connect	Mon - Fri	7:30am-6:00pm
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm
Teen Night	Thursday	5:30pm-9:30pm
Pre-Teen Night	Friday	5:30pm-9:30pm
<b>Meadowlark Respite Centre - 8721 - 163<sup>rd</sup> Street</b>		
Community Connect	Mon - Fri	7:30am-6:00pm
High School Transition	Mon - Fri	2:00pm-6:00pm ( <i>Thurs. early dismissal</i> )
<b>Head Office 10130 82 Ave NW</b>		
CC Evening	Thursday	5:30 PM-9:30 PM
Saturday Respite Teen	Saturday	9:30 AM-5:30 PM
<b>Orange Hub 10045 156 St NW</b>		
Out of School/HST	Mon - Fri	2:00pm-6:00pm ( <i>Thurs. early dismissal</i> )
Community Connect	Mon - Fri	7:30am-6:00pm
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm
CC Evening	Thursday	5:30pm-9:30pm
Teen Night	Friday	5:30pm-9:30pm

Program	Day(s)	Time
<b>Locations vary depending on the age of participant</b>		
HIA Year Round	Mon-Fri	9:00am-3:00pm ( <i>before and after care options available</i> )
HIA Summer	Mon-Fri	9:00am-3:00pm ( <i>before and after care options available</i> )
<b>Individual's home</b>		
In Home	Any time	Hours vary depending on the interest of the individual

Note: If respite is required outside of the hours listed contact our office via phone at (780) 431-8446.

## AdaptAbilities Head Office - 10130 82 Avenue

Day(s)	Time
Mon-Fri	8:30am-4:30pm



