

Teen Group – Week 4: Kingdom Quest

Time	Monday July 22	Tuesday July 23	Wednesday July 24	Thursday July 25	Friday July 26
7:30 – 9:00	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15	Group Check In Introductions Ice Breaker Games	Group Check In What medieval job would you have?	Group Check In Does Canada have a king or queen?	Group Check In What important armor do knights need for battle?	Group Check In LRT/Transit Safety
9:15 – 9:45	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
9:45 – 10:30	Transit to Activity	Transit to Activity	Essential Life Skills Life Size Checkers 	Transit to Activity	Mystery Block 
10:30 – 11:15	Field Trip Combat Archery Indoor Archery 	Field Trip Borden Park Natural Swimming Pool 	Expressive Arts Stained Glass 	Rec & Motor Group Games (Kinsmen Park) 	Rec & Motor Group Games 
11:15 – 12:00			Rec & Motor Group Games 	Lunch Field Trip John Walter Museum Heritage Home Skills 	Transit to Activity
12:00 – 12:30	Lunch	Lunch	Lunch	Lunch	Lunch
12:30 – 1:15	Transit to Centre Mystery Block	K-Days 	Mystery Block 		Field Trip Commonwealth Rec Centre Swimming  
1:15 – 2:45	 Special Interest Marshmallow Catapults 	Transit to Centre Arrive 2:45		Transit to Centre Arrive 2:45	Transit to Centre Arrive 2:45
2:45 – 3:00	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up	Prepare for Pick Up
3:00 – 6:00	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations	After Care Activity Stations

Note: Activities and field trips subject to change without notice.

