














Teen Group – Week 1: Summer Survivor

Time	Monday July 1	Tuesday July 2	Wednesday July 3	Thursday July 4	Friday July 5
7:30 – 9:00	NO CAMP!	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations	Before Care Activity Stations
9:00 – 9:15		Group Check In	Group Check In	Group Check In	Group Check In
9:15 – 9:45		Introductions Ice Breaker Games	What things remind you of summer?	Bring Sally Up	LRT/Transit Safety
9:45 – 10:30		Morning Energizer	Morning Energizer	Morning Energizer	Morning Energizer
10:30 – 11:15		Transit to Activity	Essential Life Skills Make Seed Bombs 	Mystery Block 	Essential Life Skills DIY Survival Kits 
11:15 – 12:00		Field Trip Whitemud Park Outdoor Skills Experience  	Mystery Block 	Rec & Motor Group Games 	Rec & Motor Giant Soccer 
12:00 – 12:30		Picnic Lunch	Field Trip Vertically Inclined 	Field Trip Commonwealth Rec Centre Swimming 	Expressive Arts Para-Cord Keychain & Bracelets 
12:30 – 1:15		Whitemud Park Outdoor Games 	Lunch	Lunch	Lunch
1:15 – 2:45		Transit to Activity	Vertically Inclined 	Mystery Block 	Mystery Block
2:45 – 3:00		Transit to Centre Arrive 2:45	Rec & Motor Group Games 	Field Trip Commonwealth Rec Centre Swimming 	Special Interest Make Tie-Dye Shirts 
3:00 – 6:00		Prepare for Pick Up After Care Activity Stations	Prepare for Pick Up After Care Activity Stations	Prepare for Pick Up After Care Activity Stations	Prepare for Pick Up After Care Activity Stations

Note: Activities and field trips subject to change without notice.

