

GOT HEART?

SUMMER CAMPS FOR INDIVIDUALS WITH SPECIAL NEEDS

AGES 3 - 18+

JUNE 29-
AUGUST 28TH
2020



2020 CAMP OPTIONS

Get Ready for Your Best Summer Yet!

1. INCLUSION

(ALL AGES)

This camp builds on our vision of inclusion, one person at a time by focusing on belonging, building friendships and exploring interests. Experience a community camp of your choice, supported by an AdaptAbilities' staff member.

We are proud to partner with the City of Edmonton and continue to support many participants in their camps.

Other types of camps we have worked with include dance, science and sports.

TO REGISTER:

- Choose a community camp
- Contact AdaptAbilities to request support
- AdaptAbilities will match an Inclusion Specialist to your child's needs

2. HEARTS IN ACTION

(3 - 18+ YEARS)

This is not your average summer camp! HIA provides individuals with disabilities the opportunity to make friendships, practice and learn new skills and above all, have a great time all summer long. Our camps are organized each week by themes and are facilitated by highly qualified Relief Care Specialists!

Small group sizes and a low staff-to-camper ratio means our campers are empowered to grow, succeed and belong!



3. TECH FUSION

(13-17 YEARS*)

The future comes to AdaptAbilities this summer as we offer some incredible tech-based activities for participants. Will they enjoy Virtual Reality lessons, learn how to be a videographer or create their very own website? We fuse these fun activities with other things to enjoy, like sports, creative arts and more.

**For teens who require minimal support in a group setting.*

4. NEW: SPORT FUSION

(13 - 17 YEARS*)

This is for campers on the go! Our Sport Fusion camp will keep participants busy in the water, in the fields and in the gym. When we need a break from getting busy, we will slow down long enough to do some cooking and creative arts too!

**For teens who require minimal support in a group setting.*

5. HIGH SCHOOL TRANSITION

(18 - 22 YEARS)

We support individuals with life and social skills-development as they prepare for adulthood. We provide an environment that builds relationships, fosters independence and creates opportunity to explore their community.

6. 1:1 SPECIALIZED CAMP

(7-22 YEARS)

For campers requiring extra support, we offer a 1:1 ratio. Campers will receive individualized programming suited to their needs and interests.

Hearts in Action Summer Pledge



We believe in movement: All activities are hands on, this is not school! HIA is a place to go outside, get messy, work in a group, ask questions, be safe, and have fun!

We believe in exploration: We support campers in their curiosity to learn through new experiences in the community.

We believe in purposeful activities: Whether we are using games, videos, slideshows, field trips, all of our activities have a purpose.

Hearts in Action Camp Themes

SPLASH INTO SUMMER



Welcome to summer! Splash into a week of water, while slip sliding our way through exciting field trips.



WEEK 1: JUNE 29-JULY 3

**Closed July 1 - to recognize Canada Day*

WORLD WONDERS



Have you ever wondered how the Great Pyramids were built? Or how many years the Colosseum has been standing? Blast to the past as we travel through time and space to explore the many wonders of our world! Campers will learn our world's geography, beautiful landmarks, and experience new cultures.

WEEK 2: JULY 6-10

TOP CHEF: CULINARY CREATIONS



Get ready, and get cooking! This week we are serving up a whole menu of fun. Campers will bake, chop and sauté their way through tasty field trips and construct confectionery creations, all while learning about kitchen safety and how to make healthy food choices!

WEEK 3: JULY 13-17



ARTISTS ON THE MOVE

What is your unique talent? Bring your beret, paintbrush, and creativity to find out in this week's artist missions! Each day campers will move and groove to the beat, write songs, paint, put on a play, and make our own creations. Take trips around the city, exploring the coolest art scenes, which is sure to get the creative juices flowing!

WEEK 4: JULY 20-24

ECO EXPLORERS UNLEASHED

Be ready to explore like never before! Under the sea, deep in the forest, and even high in the sky campers will learn about recycling, gardening, biodiversity, and animals right here in our backyard. Find your creative side by learning how to make crafts from reusable items. Sustainability in action... are you ready for the challenge?

WEEK 7: AUGUST 10-14

ACROSS THE COSMOS

Let's get together, and party across the planets! Campers will learn to reach for the stars as we blast off for another interstellar adventure. We will moon bounce our way through the week by making cosmic creations and learning all about space food. Summer camp fun launching in 3...2...1!

WEEK 5: JULY 27-31

ALL ABOARD, ADVENTURE AWAITS

Go, go, go! There are no red lights when it comes to fun at camp. This week campers will hop aboard as we navigate our way to new adventures and fascinating findings. Travel with AdaptAbilities as we learn transportation safety and discover our favorite ways to get around.

WEEK 8: AUGUST 17-21

SPARK YOUR SENSES

Do you hear that...? It sounds like summer camp fun coming around the corner! Tap into your senses and discover what you can find as campers taste, touch, see, hear, and smell their way through the week. Taste testing, finger painting, guessing games, and everything in between. What will you discover this week?

WEEK 6: AUGUST 4-7*

ENCHANTING STORYTELLERS

It's a storyteller's dream! Challenge your imagination as we explore mysterious tales of wizards, mermaids, and magic beans. From traditional tales to contemporary chronicles, campers will wander their way through a fantasy filled week! What story will you tell?

WEEK 9: AUGUST 24-28

**Closed August 3 for the Civic Holiday*

Schedule At a Glance!

FIELD TRIPS + ACTIVITY CALENDARS

Want to know what we have planned for your camper? We provide activity calendars online so parents can see all the fun planned for each week and field trip info! Expect to be on the move! All of our summer camps offer two field trips each week.

WEEK	HIA Theme *See right panel for location info	Tech Fusion	Sport Fusion	High School Transition	1:1 Specialized Camp	Spruce Grove HIA	Inclusion Camp
WEEK 1:	✓			✓	✓		✓
WEEK 2:	✓	✓		✓	✓		✓
WEEK 3:	✓		✓	✓	✓	✓	✓
WEEK 4:	✓	✓		✓	✓		✓
WEEK 5:	✓		✓	✓	✓	✓	✓
WEEK 6:	✓	✓		✓	✓		✓
WEEK 7:	✓		✓	✓	✓		✓
WEEK 8:	✓		✓	✓	✓		✓
WEEK 9:	✓	✓		✓	✓		✓

Week and group availability is subject to change. Please view our website for the most up-to-date information.

LOCATIONS - WE'LL BRING THE FUN AND BELONGING TO YOU!

EDMONTON LOCATIONS

- We offer camps across Edmonton, in the West, North, South and central parts of the city. Camps are held in community churches, recreation centres, and community centres.
- Not all age groups are available in each location. **View location updates on our website.**

NEW! SPRUCE GROVE CAMPS FOR 2020!

- Now offering HIA summer camp for 2 weeks for ages 7-12
- Want more weeks? Based on demand, we will create a waitlist for additional summer camps in the Spruce Grove area.
- Inclusion camp option offered in Spruce Grove
- **For details on dates and locations, please visit our website!**



Registration

NEW TO ADAPTABILITIES?

Participants must complete an intake before registering, which includes a one-time administration fee of \$50. Please contact our office at 780-431-8446 to complete an intake.

TO REGISTER:

1. Fill out registration form on our website.
2. Pay deposit and required fees
3. Come to camp prepared. We can't wait to meet you!

CAMP FEES

To hold your spot, each camper requires a \$100 deposit. This will be refunded once all outstanding fees have been paid after summer camps have ended. All fees are due June 3, 2020.

CAMP HOURS

Standard camp hours are 9 am - 3 pm. Additional support is available from 7:30 am - 9 am and 3 pm - 6 pm at an additional cost.

WHAT SHOULD CAMPERS BRING TO CAMP?

- Hat
- Waterbottle
- Sunscreen/Bug Spray
- Non-Microwaveable lunch
- Medication(s)
- Swim Gear
- Jacket
- Personal Care Items



CAMP PAYMENT OPTIONS

1. Campers with funding: Direct billing with FSCD/PDD

- Invoice must be signed prior to the start of camp
- Parent portion must be paid prior to June 3, 2020

2. Campers without funding: Option to pay Out-of-Pocket

- Fees must be paid prior to June 3, 2020

3. Bursary options are available to families, please request an application!

CHANGE AND CANCELLATION POLICY:

Following your confirmed registration, a \$25 administrative fee will apply for any changes required.

CANCELLATION POLICY

Cancellation requests must be received in writing.

- 30+ days written notice will cancel billing and 50% of your deposit returned
- 14-30 days written notice will result in cancelled billing but no deposit return.
- Less than 14 days notice will result in camp fees being billed. Please see our parent handbook for full details including medical cancellations.



Did You Know?

AdaptAbilities offers year-round support for families! This includes after-school care, social nights, centre or in-home respite, high school transition, drop-in sensory gym and more.



ADAPTABILITIES****
CREATING SUCCESS FOR LIFE

REGISTER NOW!

adaptabilities.ca
