

# Primary + Child – Week 5

## ONLINE ACTIVITIES



Monday July 27 <sup>th</sup>	Tuesday July 28 <sup>th</sup>	Wednesday July 29 <sup>th</sup>	Thursday July 30 <sup>th</sup>	Friday July 31 <sup>st</sup>
<b>MYSTERY MONDAY</b>		<b>WATER WEDNESDAY</b>		<b>EXCURSION FRIDAY</b>
9:00 AM GALAXY SLIME <i>Circle Time</i>	9:00 AM PAPER MACHE HELMET <i>Circle Time</i>	9:00 AM PAPER MACHE HELMET <i>Circle Time</i>	9:00 AM ALIEN DRAWING <i>Circle Time</i>	9:00 AM FOIL PAINTED MOON <i>Circle Time</i>
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 
11:00 AM GUEST PRESENTOR	11:00 AM EXPRESSIVE ARTS Galaxy in a Jar	11:00 AM EXPRESSIVE ARTS Constellation Names & Moon Sand	11:00 AM EXPRESSIVE ARTS Alien Mask	11:00 AM VIRTUAL FIELD TRIP Space Exploration
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM MYSTERY ACTIVITY	1:00 PM RECREATION & MOTOR Galaxy Foam	WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM ESSENTIAL LIFE SKILLS UFO Snactivity	1:00 PM SPACE DANCE PARTY <i>- All Camp Participants Invited -</i>
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

LEGEND: = 1:1 Time With Your AdaptAbilities Staff

= Online Group Activities

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ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED & INSTRUCTIONS
<p><b>PAPER PLATE MOON</b></p>	<p>Paper Plate Grey Paint String (1 foot) Yellow Paper Pencil Paint Brush Black Marker</p>	<p>Scissors</p> <ol style="list-style-type: none"> <li>1. Cut a crescent moon out of the paper plate.</li> <li>2. Paint it grey and let it dry completely.</li> <li>3. While drying, cut a star out of the yellow paper.</li> <li>4. Draw a face on the star, and when dry, draw a face on the moon!</li> <li>5. Attach the moon to the string, and attach the star to a moon to create some hanging art!</li> </ol>
<p><b>ROCKET CORNER BOOKMARK</b></p>	<p>Construction Paper or Cardstock (5 colors) Pencil Rocket Template Glue Stick</p>	<p>Scissors</p> <p><a href="https://artscraftsymom.com/diy-rocket-corner-bookmark-for-kids">https://artscraftsymom.com/diy-rocket-corner-bookmark-for-kids</a></p>
<p><b>MY NAME IN SPACE</b></p>	<p>Large Black Paper Construction Paper (3 colours) Glue Stick Markers</p>	<p>Scissors</p> <ol style="list-style-type: none"> <li>1. Count the letters in your name.</li> <li>2. Cut out that many squares of different coloured paper.</li> <li>3. Cut out a triangle, and glue the squares and triangle to create a rocket shape.</li> <li>4. On each square, write a letter from your name, until your name is complete on the rocket!</li> <li>5. Decorate with stars and other space drawings!</li> </ol>
<p><b>ASTROID TOSS</b></p>	<p>Sponge</p>	<p>Bucket</p> <p>Set the bucket a few feet away from you and toss the sponge, aiming to get it in! Continue moving the bucket further away from you!</p>

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<p><b>GALAXY FINGER FLOCK PAINTING</b></p>	<p>Black Paper White Paint Turquoise Paint Purple Paint Paintbrush Cup of Water Paper Towel</p>	<p>** Try to do this outside as it can get messy!</p> <ol style="list-style-type: none"> <li>1. Lay out your black paper!</li> <li>2. Dip your paint brush in the first colour of paint, and press it on your finger, flicking it off to create a flick/drop pattern all over the paper!</li> <li>3. Repeat this with the next two colours.</li> <li>4. Once dry, use a white crayon or chalk to draw space objects or constellations in the “galaxy”!</li> </ol>
<p><b>DON'T DROP THE ASTEROID</b></p>	<p>Balloon</p>	<p>Stand away from your RCS staff and toss the balloon into the air, without letting it touch the ground! Challenge yourself by only using your elbows, legs, head, or another body part other than your hands!</p>
<p><b>SPACE MOBILE</b></p>	<p>String (2 feet) Pipecleaners (10) Construction paper (10) Markers</p>	<p>Scissors</p> <ol style="list-style-type: none"> <li>1. Using your construction paper, cut out space shapes (planets, stars, rockets, aliens, UFOs, etc.).</li> <li>2. Decorate with markers.</li> <li>3. Poke the shapes with your pipe cleaners, and loop them into a circle!</li> <li>4. Loop the pipe cleaners on to the string, and use the string to hang your space mobile!</li> </ol>
<p><b>ROCK PAINTING ALIEN MONSTERS</b></p>	<p>Paint (3 colours) Googly Eyes White Glue (¼ cup) Paintbrush</p>	<ol style="list-style-type: none"> <li>1. Go for a fun nature walk and find a smooth, large rock to paint!</li> <li>2. Use your paint to create a space painting on your rock! For a fun idea, turn your rock into an alien!</li> <li>3. Once dry, glue on the googly eyes, and feel free to use any other materials like pipe cleaners or leftover pom poms to add details!</li> </ol>

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<b>GAME</b> <i>Time</i>	- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out <b>before</b> the upcoming week of camp.</i>	- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!
<b>PLAYGROUND</b>	N/A	N/A