

# Adult – Week 2

## ONLINE ACTIVITIES

*Splash Into Summer*



Monday July 6 <sup>th</sup>	Tuesday July 7 <sup>th</sup>	Wednesday July 8 <sup>st</sup>	Thursday July 9 <sup>th</sup>	Friday July 10 <sup>th</sup>
<b>MYSTERY MONDAY</b>		<b>WATER WEDNESDAY</b>		<b>EXCURSION FRIDAY</b>
9:00 AM RED BALL <i>Circle, Time</i>	9:00 AM WORLD TRIVIA <i>Circle, Time</i>	9:00 AM ZOOMED IN <i>Circle, Time</i>	9:00 AM WOULD YOU RATHER <i>Circle, Time</i>	9:00 AM SCAVENGER HUNT <i>Circle, Time</i>
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 
11:00 AM SPECIAL GUEST ??	11:00 AM EXPRESSIVE ARTS Asia and Chinese Fortune Cookies	11:00 AM EXPRESSIVE ARTS African Dancing	11:00 AM ESSENTIAL SKILLS Brazilian Brigadiers	11:00 AM VIRTUAL FIELD TRIP European Adventure
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM MYSTERY ACTIVITY	1:00 PM RECREATION & MOTOR Meditation	WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM <i>Bingo</i>	1:00 PM PIRATE DANCE PARTY Pirate Hat Provided! <i>- All Camp Participants Invited -</i>
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

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**LEGEND:**  = 1:1 Time With Your AdaptAbilities Staff  = Online Group Activities

ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED
Travel Journal	Journal Pencil crayons Pencils Erasers	Trip tokens
SPORTS		Basketball Baseball, gloves, bat Soccer ball Cricket bat, gloves
WHIPPED BUBBLES	¼ Cup of Bubble Bath 1-2 Drops of Food Colouring	Hand Mixer / Whisk ½ Cup of Water 1-3 Bowls
<b>GAMETime</b>	- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out before the upcoming week of camp.</i>	- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!
PLAYGROUND	N/A	N/A
JAPANESE PAPER CRANES	5.9x5.9 Paper <a href="https://www.instructables.com/id/How-to-make-a-Paper-Crane-1/">https://www.instructables.com/id/How-to-make-a-Paper-Crane-1/</a>	

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### MINI HOCKEY LEAGUE

2 Plastic spoons  
2 Bottle caps / buttons

<https://playtivities.com/ice-play/>

Frisbee dish  
Lego (optional)