

Jr. Teen + Teen – Week 2

Splash Into Summer



Monday July 6 th	Tuesday July 7 th	Wednesday July 8 st	Thursday July 9 th	Friday July 10 th
MYSTERY MONDAY		WATER WEDNESDAY		EXCURSION FRIDAY
9:00 AM RED BALL <i>Circle, Time</i>	9:00 AM WORLD TRIVIA <i>Circle, Time</i>	9:00 AM ROLL THE DICE <i>Circle, Time</i>	9:00 AM WOULD YOU RATHER <i>Circle, Time</i>	9:00 AM SCAVENGER HUNT <i>Circle, Time</i>
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER
11:00 AM SPECIAL GUEST ??	11:00 AM EXPRESSIVE ARTS Asia and Chinese Fortune Cookies	11:00 AM EXPRESSIVE ARTS African Dancing	11:00 AM ESSENTIAL SKILLS Brazilian Brigadiers	11:00 AM VIRTUAL FIELD TRIP European Adventure
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM MYSTERY ACTIVITY	1:00 PM RECREATION & MOTOR Karate	WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM Bingo	1:00 PM PIRATE DANCE PARTY Pirate Hat Provided! <i>- All Camp Participants Invited -</i>
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

LEGEND: = 1:1 Time With Your AdaptAbilities Staff = Online Group Activities

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OFFLINE ACTIVITIES

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ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED
SEAVENGER HUNT	- Scavenger Hunt Item List	- Bucket (to collect items)
SPORTS		Basketball Baseball, gloves, bat Soccer ball Cricket bat, gloves
THE PYRAMID OF SUGAR	1 Packet of Sugar Cubes 1 Cup of Water 1-3 Drops of Yellow Food Coloring 1 Eye dropper 1 Plastic Tray Activity link: https://playgroundparkbench.com/egyptian-architecture-kids/	Stack sugar cubes as high as you can and thn coat them in yellow food coloring to create your own miniature pyramids
PLAY DOH CONTINENTS	Continent Cards (https://montessoriprintshopusa.com/products/continent-cards-color-coded) Play Doh	Turn play doh into the shape of continents
GAME Time	- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out before the upcoming week of camp.</i>	- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!
PLAYGROUND	N/A	N/A

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<p>AFRICAN PAPER PLATE NECKLACES</p>	<p>2 Paper Plates Paint Brushes</p> <p>Activity link: https://www.greenkidcrafts.com/african-paper-plate-necklace/</p>	<p>1 Scissors 1 Cup of Water</p>
<p>HENNA HANDS</p>	<p>1 Sheet of Colorful Paper 1 Sheet of White Paper 1 Black Marker 1 Package of Pencil Crayons 1 Package of Crayons</p> <p>Activity link: http://www.jenniferlambert.com/henna-hands-craft/#_a5y_p=4929252</p>	
<p>GREAT WALL OF CHINA</p>	<p>1 Packet of mini marshmallows 1 Tube of Toothpicks</p>	<p>Create your own Great Wall of China using toothpicks and mini marshmallows</p>
<p>MUMMY WRAP</p>	<p>2 Rolls of toilet paper</p>	
<p>CHINESE FORTUNE COOKIE</p>	<p>8.5" x11" colored printer paper White printer paper Permanent double-sided tape</p>	<p>Circle Template Pen</p>

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JAPANESE PAPER CRANES	5.9x5.9 Paper https://www.instructables.com/id/How-to-make-a-Paper-Crane-1/	
MINI HOCKEY LEAGUE	2 Plastic spoons 2 Bottle caps / buttons https://playtivities.com/ice-play/	Frisbee dish Lego (optional)