

Pre Teen – Week 2

ONLINE ACTIVITIES

Splash Into Summer



Monday July 6 th	Tuesday July 7 th	Wednesday July 8 st	Thursday July 9 th	Friday July 10 th
MYSTERY MONDAY		WATER WEDNESDAY		EXCURSION FRIDAY
9:00 AM NAME DANCE <i>Circle Time</i>	9:00 AM PIRATE PETE SAYS <i>Circle Time</i>	9:00 AM FREEZE DANCE <i>Circle Time</i>	9:00 AM WOULD YOU RATHER <i>Circle Time</i>	9:00 AM SCAVENGER HUNT <i>Circle Time</i>
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 
11:00 AM SPECIAL GUEST ??	11:00 AM EXPRESSIVE ARTS Building Boomerangs	11:00 AM EXPRESSIVE ARTS Papyrus Paper	11:00 AM ESSENTIAL SKILLS Cookie Decorating Candy Sushi	11:00 AM VIRTUAL FIELD TRIP European Adventure
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM MYSTERY ACTIVITY	1:00 PM RECREATION & MOTOR Obstacle Course	WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM <i>Bingo</i>	1:00 PM PIRATE DANCE PARTY Pirate Hat Provided! <i>- All Camp Participants Invited -</i>
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

LEGEND:  = 1:1 Time With Your AdaptAbilities Staff

 = Online Group Activities

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ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED
PAPER PIRATE HAT	Activity link: https://tipjunkie.com/make-hat/	Newspaper
THE PYRAMID OF SUGAR	1 Packet of Sugar Cubes 1 Cup of Water 1-3 Drops of Yellow Food Coloring 1 Eye dropper 1 Plastic Tray Activity link: https://playgroundparkbench.com/egyptian-architecture-kids/	Stack sugar cubes as high as you can and then coat them in yellow food coloring to create your own miniature pyramids
PLAY DOH CONTINENTS	Continent Cards (https://montessoriprintshopusa.com/products/continent-cards-color-coded) Play Doh	Turn play doh into the shape of continents
GAMETime	- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out before the upcoming week of camp.</i>	- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!
PLAYGROUND	N/A	N/A
AFRICAN PAPER PLATE NECKLACES	2 Paper Plates 1 Scissors Paint Brushes	

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	<p>1 Cup of Water</p> <p>Activity link: https://www.greenkidcrafts.com/african-paper-plate-necklace/</p>	
AFRICAN SAFARI YOGA	<p>African Safari Animals Yoga Cards</p> <p>https://shop.kidsyogastories.com/products/african-safari-yoga-cards-for-kids</p>	
HENNA HANDS	<p>1 Sheet of Colorful Paper 1 Sheet of White Paper 1 Black Marker 1 Package of Pencil Crayons 1 Package of Crayons</p> <p>Activity link: http://www.jenniferalambert.com/henna-hands-craft/#_a5y_p=4929252</p>	
MUMMY WRAP	<p>2 Rolls of toilet paper</p>	

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CHINESE FORTUNE COOKIE	<ol style="list-style-type: none">1. 8.5" x11" colored printer paper2. White printer paper3. Circle template (this one or this other one) or a compass4. Permanent double-sided tape or hot glue (regular tape and glue does not hold well)5. Pen	
JAPANESE PAPER CRANES	<p>5.9x5.9 Paper</p> <p>https://www.instructables.com/id/How-to-make-a-Paper-Crane-1/</p>	