

Primary + Child – Week 6

ONLINE ACTIVITIES



Monday August 4 th	Tuesday August 5 th	Wednesday August 6 th	Thursday August 7 th	Friday August 8 th
		WATER WEDNESDAY		EXCURSION FRIDAY
NO CAMP TODAY!	9:00 AM SHOW & TELL <i>Circle Time</i>	9:00 AM SCENTED SLIME <i>Circle Time</i>	9:00 AM TWITCHING STRAW <i>Circle Time</i>	9:00 AM SENSORY BOTTLE <i>Circle Time</i>
	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER
NO CAMP TODAY!	11:00 AM EXPRESSIVE ARTS Tea Bag Painting	11:00 AM EXPRESSIVE ARTS Mr. Potato Head Craft	11:00 AM ESSENTIAL SKILLS Popcorn Senses	11:00 AM ESSENTIAL SKILLS Sensory Boards
	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
NO CAMP TODAY!	1:00 PM ESSENTIAL SKILLS Blindfolded Taste Test	1:00 PM WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM ESSENTIAL SKILLS Blindfolded Scent Test	1:00 PM DANCE PARTY <i>- All Camp Participants Invited -</i>
	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER
NO CAMP TODAY!	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN


LEGEND: = 1:1 Time With Your AdaptAbilities Staff

= Online Group Activities

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OFFLINE ACTIVITIES



ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED
MUSICAL PIPES	Tape Plastic Straws (8) Cardboard Strip (2x7)	<ol style="list-style-type: none"> 1. Pair the straws in sets of two, so you have 4 pairs. 2. Cut each pair different lengths, leaving one the full length and taking about ½ - 1 inch off the following pairs. 3. Tape the pairs (from longest to shortest) to the cardboard strip, leaving a small gap between each pair. 4. Hold the musical pipes and blow across each straw to make different sounds!
BLINDFOLDED WALK	Blindfold	In a large safe area with no obstacles, have your RCS staff blindfold you. They will stand and give you directions on how to get to them. You will need to use your sense of sound and touch to find your way!
SOUND CATCHER	Rubber Band Newspaper Page Cardboard Tube	<ol style="list-style-type: none"> 1. Smooth the newspaper over one end of the cardboard tube. 2. Wrap the rubber band around the newspaper so that it is tight and flat. 3. Hold the cardboard tube in the middle. Place your fingers on your other hand over the flat end. Sing or speak into the open end of the tube. Can you feel the vibrations? What does it sound like?
PAPER PLATE SKATING	2 Paper Plates	Walk across the floor normally and describe how it feels. Slide across carefully in socks and describe what is different. Now, step on two paper plates, using them like skates. What does this feel like? Tap into your sense of touch for this fun activity! Feel free to create a safe obstacle course to complete while doing this!
	<p>- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue!</p> <p><i>Must be signed out before the upcoming week of camp.</i></p>	<p>- Already have some games you love to play!?</p> <p>Our RCS Staff can't wait to play your favourite games!</p>
PLAYGROUND	N/A	N/A

