

Pre-Teen & Jr. Teen – Week 4

ONLINE ACTIVITIES



Monday June 29 th	Tuesday June 30 th	Wednesday July 1 st	Thursday July 2 nd	Friday July 3 rd
MYSTERY MONDAY		WATER WEDNESDAY		EXCURSION FRIDAY
9:00 AM MYSTERY ITEM <i>Circle, Time</i>	9:00 AM SHAVING CREAM PAINT <i>Circle, Time</i>	9:00 AM MIRROR, MIRROR <i>Circle, Time</i>	9:00 AM PASS THE PICTURE <i>Circle, Time</i>	9:00 AM GUIDED DRAWING <i>Circle, Time</i>
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER
11:00 AM MYSTERY ACTIVITY	11:00 AM EXPRESSIVE ARTS Tinfoil Print Making	11:00 AM EXPRESSIVE ARTS Picasso Pieces	11:00 AM ESSENTIAL SKILLS RICE CRISPY PAINT BRUSHES	11:00 AM VIRTUAL FIELD TRIP LEGOLAND
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM SPECIAL GUEST DRAMA WORKSHOP 	1:00 PM ESSENTIAL LIFE SKILLS Pretzel Stick Painting	WATER FIGHT Water Balloons & Super Soakers <i>- Offline Activity -</i>	1:00 PM REC & MOTOR Colour Toss Relay	1:00 PM SUPER DANCE PARTY <i>- All Camp Participants Invited -</i>
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

LEGEND: = 1:1 Time With Your AdaptAbilities Staff

= Online Group Activities

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ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED
SLIDE PAINTING	Large Blank White Paper Tape Blue Paint Yellow Paint Red Paint Paintbrush Plastic Cups of Water	<p>Do this outside against a fence with parent permission! Use wax paper underneath to avoid mess if you can!</p> <p>Tape the piece of paper to the fence! Dip your paintbrush into your paint and get a large amount of paint. Tap it at the top of your paper and let it slide down! Continue this until you have created a painting!</p>
BOUNCY BALL SPLAT PAINTING	Bouncy Ball x 2 Long Blank White Paper Blue Paint Yellow Paint Red Paint Green Paint	<p>Do this outside against a fence with parent permission! Use wax paper underneath to avoid mess if you can!</p> <p>Lay out your paper and anchor it down if necessary.</p> <p>Dip your bouncy balls around in the paint and roll it, bounce it, and move it around your paper to see what you can create!</p>
LEAF TRACING	Blank White Paper Crayons	<p>Go for a walk and find some leaves! Place them under your white paper and use the side of the crayon to rub on top of the paper where the leaf is in order to trace the leaves!</p>
TAPE MAZE GAME	Masking Tape	<p>Use your tape to create a big maze on the ground! Remember to add some obstacles in the maze with the tape to make it trickier!</p>
PAPER PLATE ANIMAL ART	Paper Plate Construction Paper White Glue Black Marker Colours	<p>Use your supplies to create a paper plate animal! Visit the link below for some ideas! https://www.firstpalette.com/craft/paper-plate-animals.html</p>
CHALK ART	Blank White Paper Paint (3 colours) Masking Tape Cups of Water Paintbrushes	<p>Go outside and make some masterpieces on the sidewalk using chalk!</p>

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GAME <i>Time</i>	- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out before the upcoming week of camp.</i>	- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!
PLAYGROUND	N/A	N/A