

# Preteen & Jr. Teen – Week 7

## ONLINE ACTIVITIES



Monday August 4 <sup>th</sup>	Tuesday August 5 <sup>th</sup>	Wednesday August 6 <sup>th</sup>	Thursday August 7 <sup>th</sup>	Friday August 8 <sup>th</sup>
<b>MYSTERY MONDAY</b>		<b>WATER WEDNESDAY</b>		<b>EXCURSION FRIDAY</b>
9:00 AM <i>Circle Time</i> CHEERIO BIRD FEEDER	9:00 AM BARBALOOT SNACK <i>Circle Time</i>	9:00 AM <i>Circle Time</i> COMPOST SNACK	9:00 AM FLOWER POT PAINTING <i>Circle Time</i>	9:00 AM <i>Circle Time</i> PLANTING A SEED
9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 	9:30 – 11:00 AM 1:1 TIME TOGETHER 
11:00 AM EXPRESSIVE ARTS Guest Activity	11:00 AM EXPRESSIVE ARTS Newspaper Polar Bear	11:00 AM EXPRESSIVE ARTS Paint Along With Me	11:00 AM ESSENTIAL SKILLS Earth Day Popcorn	11:00 AM VIRTUAL FIELD TRIP Zoo Conservation 
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM ESSENTIAL SKILLS Bottle Cap Stamps	1:00 PM ESSENTIAL SKILLS Lorax Craft	WATER FIGHT Water Balloons + Super Soakers - Offline Activity - 	1:00 PM ESSENTIAL SKILLS Coffee Filter Earth	1:00 PM DANCE PARTY - All Camp Participants Invited -
1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 	1:45 – 2:45 PM 1:1 TIME TOGETHER 
2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN	2:45PM WIND DOWN

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ACTIVITY	MATERIALS PROVIDED	MATERIALS NEEDED + INSTRUCTIONS
EARTH DAY SLIME	Contact Solution ½ Cup White Glue Baking Soda Food Colouring	<i>Bowl, Spoon, ½ Cup Warm Water</i> 1. Mix the water, baking soda, glue and food colouring until sticky. 2. Add ½ of the contact solution and slowly add more in necessary to reach desired consistency
PAPER BOATS	White Paper (1)	<a href="https://www.pinterest.ca/pin/291326669624422000/">https://www.pinterest.ca/pin/291326669624422000/</a>
POOL NOODLE BALLOON FIGHT	Pool Noodles Balloons	Get outside! Blow up the balloons and see if you and your RCS can keep them in the air using the pool noodles!
CUPCAKE LINER FLOWERS	Cupcake Liners (3) White Paper (1) Popsicle Sticks (3) White Glue (¼ cup) Markers	1. Decorate your cupcake liners like flowers! Be creative! You may cut them into petal shapes or leave them as they are. 2. Draw a nature background on the white paper. 3. Decorate the popsicle sticks like stems. 4. Glue the popsicle sticks onto the paper. 5. Glue the cupcake liners onto the popsicle sticks to complete the flowers.
TIN FOIL RIVER	Tin Foil (5 feet)	<i>Water; a hose is best but you can use cups filled with water!</i> Fold the tin foil to create a river! Make sure the sides are folded up and see how many twists and turns you can create. Pour water down with a hose or bowls of water. Does your paper boat float down the river?

<p><b>RIPPED PAPER EARTH COLLAGE</b></p>	<p>White Paper Blue Paper Green Paper ¼ cup white glue Marker</p>	<ol style="list-style-type: none"> <li>1. Use your marker to draw a circle on the white paper for the base of the Earth.</li> <li>2. Rip up the green and blue paper into small pieces and glue them on in an abstract collage to create your Earth.</li> </ol>
<p><b>GAME</b><i>Time</i></p>	<p>- Various Games can be signed out by RCS staff from Hearts In Action Resource Catalogue! <i>Must be signed out before the upcoming week of camp.</i></p>	<p>- Already have some games you love to play!? Our RCS Staff can't wait to play your favourite games!</p>
<p><b>PLAYGROUND</b></p>	<p>N/A</p>	<p>N/A</p>