

Programs and Services

Locations and Hours of Operation

We are proud to offer a variety of programs and services. Locations and hours of operation are listed below:

Program	Day(s)	Time
McKernan House - 11226-75th Avenue		
Community Connect	Mon – Fri	7:30am-6:00pm
High School Transition	Mon – Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
CC Evening	Thursday	5:30pm-9:30pm
McKernan Respite Centre – 11341 – 78th Avenue		
Out of School	Mon – Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
Community Connect	Mon – Fri	7:30am-6:00pm
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm
Teen Night	Thursday	5:30pm-9:30pm
Pre-Teen Night	Friday	5:30pm-9:30pm
Head Office 10130 82 Ave NW		
CC Evening	Thursday	5:30 PM-9:30 PM
Saturday Respite (13+)	Saturday	9:30 AM-5:30 PM
Orange Hub 10045 156 St NW		
Out of School/HST	Mon – Fri	2:00pm-6:00pm <i>(Thurs. early dismissal)</i>
Community Connect	Mon – Fri	7:30am-6:00pm
Centre Respite	Saturday	9:30am-5:30pm
Centre Respite	Sunday	11:00am-4:00pm
CC Evening	Thursday	5:30pm-9:30pm
Teen Night	Friday	5:30pm-9:30pm
Online Programs		
Online Community Connect	Mon – Fri	10:00 AM – 12:00 PM, 1:00 PM – 3:00 PM
Online Social Nights	Mon – Fri	6:00 PM – 8:00 PM

Program	Day(s)	Time
Locations vary depending on the age of participant		
HIA Year Round	Mon-Fri	9:00am-3:00pm <i>(before and after care options available)</i>
HIA Summer	Mon-Fri	9:00am-3:00pm <i>(before and after care options available)</i>
Individual's home		
In Home	Any time	Hours vary depending on the interest of the individual

Note: If respite is required outside of the hours listed contact our office via phone at (780) 431-8446.

AdaptAbilities Head Office – 10130 82 Avenue

Day(s)	Time
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Mon-Fri	8:30am-4:30pm
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