









TEEN – WEEK 5

ONLINE ACTIVITIES



Monday August 2 nd	Tuesday August 3 rd	Wednesday August 4 th	Thursday August 5 th	Friday August 6 th
HOLIDAY		WATER WEDNESDAY		FESTIVAL FRIDAY
	9:55 AM HISTORY <i>>huddle</i>	10:00 AM NUTRITIONAL LEARNING <i>>huddle</i>	9:55 AM SMART GOALS <i>>huddle</i>	9:55 AM WHY IS EXERCISE IMPORTANT <i>>huddle</i>
	10:10 AM TOURING CHINA	10:10 AM ESSENTIAL LIFE SKILLS READING LABELS		10:10 AM 1:1 TIME TOGETHER 
	10:45 AM 1:1 TIME TOGETHER 	10:45 AM 1:1 TIME TOGETHER 	10:10 AM 1:1 TIME TOGETHER 	11:00 AM SPECIAL GUEST YOGA
	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
		WATER FIGHT ~ OFFLINE ACTIVITY ~ <i>Water balloons provided ☺</i>	1:00 PM DANCE PARTY <i>All Camp Participants Invited</i> 	1:00 PM EXPRESSIVE ARTS CHINESE DRAGON PUPPET
	1:00 PM 1:1 TIME TOGETHER 		1:45 PM 1:1 TIME TOGETHER 	1:30 PM 1:1 TIME TOGETHER 
	2:10 PM WIND DOWN MINUTE-TO-WIN-IT GAMES	2:10 PM WIND DOWN JEOPARDY	2:10 PM WIND DOWN CHAIR YOGA	2:10 PM WIND DOWN EXPLORE JOURNAL

All program activities are subject to change without notice.

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ACTIVITY	TYPE	MATERIALS PROVIDED	MATERIALS REQUIRED
The Great Wall of China	ONLINE	1X great wall of china print off 1X glue stick	Scissors
Minute-To-Win-It Games	ONLINE	3X plastic cups 1X sheet of cardstock 1X Oreo Cookie	Scissors
Reading Nutrition Labels	ONLINE	1X print off sheet	Items in the home with nutritional labels
SMART Goals	ONLINE	1X Pencil 1X printed goal and ladder sheet	
Chinese Dragon Puppet	ONLINE	1X Crepe paper (Red, orange and yellow) 2X straws Crayons and markers Tape 1X Ruler	Scissors
Explore Journal	ONLINE	1X journal 1X print off sheet 1X pencil Markers/crayons	
Positive Fortune Cookies	OFFLINE	2-3X 8.5" X 11" Colored printer paper 1X white printer paper 1X cup with a circular opening 1X double sided tape 1X pen	
Write Chinese Letters	OFFLINE	1X small container black paint 1X thin paint brush 1X long legal white paper 1X Chinese letter print off template	
Make Soap Gummies	OFFLINE	2X envelopes of unflavoured gelatin 1X teaspoon salt 1/2X cup liquid hand soap Soap coloring Soap mold (Silicone works best)	Stove Baking sheet Bowl whisk Measuring cups/spoons 1/2X cup boiling water
Dipped Fortune cookies	OFFLINE	5X fortune cookies 1X Small container White Wilton candy melt 1X container of sprinkles	Microwave Plate Cookie skeet Parchment paper
Chinese New Years Party Favors	OFFLINE	1X template printed onto Cardstock 1X Toilet paper roll 2X sheets Red Tissue Paper 1X Glue stick 4-5X Clothespins for holding them until they dry 1X Ribbon to tie the ends closed	Scissors

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		1X small container <u>Confetti for filling</u> 1X small baggy of candy, coins or other small toys	
Scavenger Hunt Bingo	OFFLINE	1X print off bingo Card Markers	
Drawing	OFFLINE	2-3X white paper 1X pencil Markers/crayons	
Make a Checker Board game	OFFLINE	2X different colors of construction paper 1X glue stick 2X different colored Buttons (10 each)	Scissors
SIX in a ROW Game	OFFLINE	1X print off packet 2X dice 1X white paper 1X pencil 1X bottle of water 3X Foam balls Markers 1X small baggy	Scissors Device with timer
Color Conflict Game	OFFLINE	1X print out color word sheet 1X strip of tape (painters tape)	
GAMETime	OFFLINE	None	<i>Break out your favorite games or check out our Lending Library for other games!</i>
★ SCAVENGER HUNT ★	OFFLINE	Scavenger hunt list	Pencil, camera or bucket (for collecting items)
LENDING LIBRARY	OFFLINE	<i>We have a variety of specialized recreation, play, and sensory equipment! Request items here:</i> https://sites.google.com/adaptabilities.ca/lendinglibrary/resource-catalogue	None