

PRE-TEEN – WEEK 3

ONLINE ACTIVITIES



Monday July 19 th	Tuesday July 20 th	Wednesday July 21 st	Thursday July 22 nd	Friday July 23 rd
MYSTERY MONDAY		WATER WEDNESDAY		FIELD TRIP FRIDAY
9:15 AM CONSTELLATION BUILDING <i>Circle, Time</i>	9:15 AM SPACE YOGA <i>Circle, Time</i>	9:15 AM WHAT IF THE EARTH WAS FLAT? <i>Circle, Time</i>	9:15 AM TOUR OF THE INTERNATIONAL SPACE STATION <i>Circle, Time</i>	9:15 AM STAR WARS JUST DANCE <i>Circle, Time</i>
9:30 AM 1:1 TIME TOGETHER 		9:30 AM 1:1 TIME TOGETHER 		9:30 AM 1:1 TIME TOGETHER 
11:00 AM MYSTERY ACTIVITY ?	9:30 AM 1:1 TIME TOGETHER 	11:15 AM ESSENTIAL LIFE SKILLS EXPLODING JUPITER + PHASES OF THE MOON	9:30 AM 1:1 TIME TOGETHER 	11:00 AM VIRTUAL FIELD TRP LOCATION/SPECIAL GUEST
11:45 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	11:45 PM LUNCH BREAK
1:00 PM GROUP GAMES MASH + SPACE MINUTE TO WIN IT	1:00 PM EXPRESSIVE ARTS SPACE KITCHEN	WATER FIGHT ~ OFFLINE ACTIVITY ~ <i>Water balloons provided ☺</i>	1:00 PM DANCE PARTY <i>All Camp Participants Invited</i> 	
1:45 PM 1:1 TIME TOGETHER 	1:30 PM 1:1 TIME TOGETHER 		1:45 PM 1:1 TIME TOGETHER 	1:00 PM 1:1 TIME TOGETHER 
2:30 PM WIND DOWN LIKE AN ASTRONAUT	2:30 PM WIND DOWN CONSTELLATIONS TRIVIA	2:30 PM WIND DOWN ROCKET BOOKMARK	2:30 PM WIND DOWN ALIEN HEADBANDS	2:30 PM WIND DOWN PEACE OUT, MOON & STARS MEDITATION

All program activities are subject to change without notice.

PRE-TEEN – WEEK 3

OFFLINE ACTIVITIES



ACTIVITY	TYPE	MATERIALS PROVIDED	MATERIALS REQUIRED
Constellation Building	ONLINE	1X sheet star stickers (6-8 stars) 1X white chalk 2-3X different colored chalk 1X black construction paper	1x Scissors
Space Minute to Win It	ONLINE	8x Plastic solo cups 5-6x Glow in the Dark stars (or just star shapes) 1x Chopsticks 1x Play dough 2x Spaghetti 1x Sandwich bag half full of cheerios 5x Bouncy balls	
Squeezy Bottle Rockets (Mysery Activity)	ONLINE	1x Plastic water bottle 1x Cardstock 2x Straws – one wider than the other 1x Tape 1x Plasticine 3x White printer paper	1x Scissors
Like an Astronaut	ONLINE	1x Paper 1x Pencil 1x Package of crayons / markers	
Rocket Bookmark	ONLINE	2x Different coloured papers 2x 3-4inches of red, orange, and yellow string 1x Glue stick 1x Hole puncher (or hole punch papers)	1x Scissors
Space Kitchen - Galaxy Slime	ONLINE	2/3 cups of Elmer's white glue ½ tsp of baking soda ¼ cup of water 1x can of shaving cream ½ Tbsp of contact solution 3x Food colouring (Purple, blue, red) 1x Paper bowl 1x Package of glitter 1x Plastic spoon	
Space Kitchen - Space Snacks	ONLINE	1x Rice crispy square 1x Package of yellow sprinkles or star sprinkles 1x Cup of powdered sugar 1x Plastic spoon 1x Plastic knife	1 Cup of water
Exploding Jupiter	ONLINE	1x Cup of baking soda 1x Red food colouring 1x Yellow food coloring	¼ Cup of water

PRE-TEEN – WEEK 3

OFFLINE ACTIVITIES



		<ul style="list-style-type: none"> 1x Medium sized paper bowl 2x Small sized paper bowls 1x Small container of vinegar 1x Eye dropper 	
Phases of the Moon Mobile	ONLINE	<ul style="list-style-type: none"> 1x 2 ounces of black polymer clay 1x Big marker / or small play do rolling pin 1x Circular cookie cutter 1x Toothpick 1x Piece of paper 1x Pencil or pen 1x Small paint brush 1x Paint 1x Sheet of parchment paper 1x Piece of twine 	
Alien Headbands	ONLINE	<ul style="list-style-type: none"> 1x Headband 3-4x Pipe cleaners 3-4x Pom poms 1x Small container of white glue 2x Googly eyes 	
Paper Mache Planets	OFFLINE	<ul style="list-style-type: none"> 2x Cups of flower 1x Balloon 1-2 Containers of paint 1x Paint brush 	<ul style="list-style-type: none"> 1x Newspaper 1x Scissors 2x Cups of water 1x Mixing bowl
Starlight Night in a Cup	OFFLINE	<ul style="list-style-type: none"> 1x Foam Cup 1x Flameless candle 1x Container of black paint 1x Paint brush 1x Package of star stickers 1x Toothpick 	
Watercolour Planets	OFFLINE	<ul style="list-style-type: none"> 3x Coffee filters 3x Black cardstock 5-6x Markers 1x Glue stick 1x Eye dropper 3x Q-tips 1x Container of white paint 	
Foil Painting of the Moon	OFFLINE	<ul style="list-style-type: none"> 1x Large sheet of foil / tinfoil 1x Small container of gray paint 1x Small container of white paint 1x Small container of black paint 1x Small paint brush 	
Anti-Gravity Volleyball	OFFLINE	<ul style="list-style-type: none"> 1x Balloon 	
Galaxy Cookies	OFFLINE	<ul style="list-style-type: none"> 1x Cookie mix (that does not require eggs if possible) 1x Container of icing 	<ul style="list-style-type: none"> 1 stick (1/2 cup) of Butter or margarine 2x cups of water

PRE-TEEN – WEEK 3

OFFLINE ACTIVITIES



		1x Package of star / yellow sprinkles 1x Food colouring 1x Parchment paper	3x Mixing bowls 1x Mixing spoon 1x Cookie sheet
Star Wars Origami	OFFLINE	1-3x of Origami paper or construction paper	
Making & Smashing Moon Rocks	OFFLINE	1x Cup of flour 1x Sheet of foil / tin foil 5x cotton balls 1x Container of gray paint	1x Cookie sheet 1x Cup of water 1x Whisk
Shiny Ball of Fire (Hanging Sun Craft)	OFFLINE	14x Sheets / 1x Package of yellow or gold tissue paper 5x Yellow or orange pipe cleaners 1x Fishing wire / string to hang	
GAMETime	OFFLINE	None	<i>Break out your favorite games or check out our Lending Library for other games!</i>
★ SCAVENGER HUNT ★	OFFLINE	Scavenger hunt list	Pencil, camera or bucket (for collecting items)
LENDING LIBRARY	OFFLINE	<i>We have a variety of specialized recreation, play, and sensory equipment! Request items here:</i> https://sites.google.com/adaptabilities.ca/lendinglibrary/resource-catalogue	None