

PRE-TEEN – WEEK 1

ONLINE ACTIVITIES



Monday July 5 th	Tuesday July 6 th	Wednesday July 7 th	Thursday July 8 th	Friday July 9 th
MYSTERY MONDAY		WATER WEDNESDAY		FIELD TRIP FRIDAY
9:15 AM Bug Fitness Bingo <i>Circle Time</i>	9:15 AM Bee Yoga <i>Circle Time</i>	9:15 AM iSpy Bugs & Fingerprint Bug Jar <i>Circle Time</i>	9:15 AM Frog Origami <i>Circle Time</i>	9:15 AM Bug Movement Game <i>Circle Time</i>
9:45 AM 1:1 TIME TOGETHER 	9:45 AM 1:1 TIME TOGETHER 	9:45 AM 1:1 TIME TOGETHER 	9:45 AM 1:1 TIME TOGETHER 	9:45 AM 1:1 TIME TOGETHER
11:00 AM MYSTERY ACTIVITY ?		11:15 AM ESSENTIAL LIFE SKILLS LIFE CYCLE OF A BUTTERFLY		11:00 AM Victoria Bug Zoo Victoria Bug Zoo <i>Bug Zoo Comes to You!</i>
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
1:00 PM GROUP GAMES BUG FREEZE DANCE, CHARADES & Pictionary	1:00 PM EXPRESSIVE ARTS CREEPY CRAWLY ART	WATER FIGHT ~ OFFLINE ACTIVITY ~ <i>Water balloons provided ©</i>	1:00 PM DANCE PARTY <i>All Camp Participants Invited</i> 	1:00 PM 1:1 TIME TOGETHER
1:45 PM 1:1 TIME TOGETHER 	1:30 PM 1:1 TIME TOGETHER 		1:45 PM 1:1 TIME TOGETHER 	
2:30 PM WIND DOWN Memory Game	2:30 PM WIND DOWN Build a Bug House	2:30 PM WIND DOWN Bug Fossils	2:30 PM WIND DOWN Leaf Rubbings	2:30 PM WIND DOWN Honey Slime

All program activities are subject to change without notice.

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ACTIVITY MATERIALS



ACTIVITY	TYPE	MATERIALS PROVIDED	MATERIALS REQUIRED
Bug Fitness Bingo	ONLINE	2x laminated bingo cards 1x marker	
Virtual Tour	ONLINE	1x White paper 5-6x Crayons / markers 1x Glue	
Pretzel Butterfly	ONLINE	5-6x Pretzel sticks 10-12 Pretzels 1x Small container of white icing 30x Mini M&Ms 1x plastic Spoon 1x Paper plate	
Mystery Activity Painting Rock Bees	ONLINE	1x Yellow paint 1x Black paint 1x White paint 1-2x Paint brushes 1x Small container of liquid glue 2x Googly eyes	Medium sized rock
Spider Web String Art	ONLINE	1x Thick cardboard plate 1x Pencil 1x String 2x White cardstock 1x Sponge 1-3x Small paint containers	1x Scissors
Honey Slime	ONLINE	2x Oz of clear liquid glue ¼ Tsp of baking soda 1x Tsp of Contact Solution 1x Package of gold glitter	1x Mixing Bowl 1x Mixing Spoon
iSpy	ONLINE	1x iSpy Sheet 1x Pencil	
Fingerprint Bug Jar	ONLINE	1x Black marker 1x Rainbow stamp pad 1x Bug jar print off	
Life Cycle of a Butterfly	ONLINE	1x Paper plate 1x Black Marker 5x Labels (Egg, Caterpillar/Larva, Chrysalis, Butterfly, and Butterfly Life Cycle) – Can be on 1 page 1x Brown paper 1x Green paper 4-5x Grains of rice 1x Rotini pasta noodle 1x small shell noodle 1x Small container of white glue	1x Scissors

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		1x Glue stick	
Bug Fossils	ONLINE	1x No bake clay 5x Plastic Bug toys 1x Parchment paper	
Frog Origami	ONLINE	3x Origami paper	
Leaf Rubbings	ONLINE	2-3x Sheets of white paper 5x Crayons 3x Leaves	
Build a Bug House	ONLINE	8-10x toothpicks 10x mini marshmallows	
Leaf Painting	OFFLINE	1x White piece of construction paper 3x Small containers of paint 1x Paintbrush 1x Glue stick 4x Leaves	
The Very Hungry Caterpillar Yoga	OFFLINE		https://www.youtube.com/watch?v=xhWDiQRrC1Y
Super Strong Dragonflies	OFFLINE	1x Construction paper 1x Black marker	https://www.youtube.com/watch?v=lxubbepoz7Q
Dragonfly Q-Tip Painting	OFFLINE	3-5x Small containers of paint 6-8x Q-tips	
Temple Run VR	OFFLINE		https://www.youtube.com/watch?v=WVmXOVSTb38
Rock Ladybugs and Bees (Tic Tac Toe)	OFFLINE	6x Rocks 1x Small container of red paint 1x Small container of yellow paint 1x Small container of white paint 1-2x Small paint brushes 1x Small container of white liquid glue 12x Googly eyes 1X fabric bag	
Watercolor Spider Web	OFFLINE	1x Paper plate 1x Clear glue 1x Paintbrush 1x Black construction paper 2x Black pipe cleaners 1x Pencil	1x Scissors
Frog Pop Out Card	OFFLINE	2x Green paper 1x Glue stick 1x Crayons / markers	1x Scissors
Bottle FireFlies	OFFLINE	1x Sheet of coloured tissue paper 1-2x Glow sticks 3x Pipe cleaner	1x Water bottle or pop bottle (recycled) 1x Scissors

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		2x Googly eyes 1x Colored foam sheet 1x Small container of clear glue 1x Paint brush	
Ladybug Bookmark	OFFLINE	1x Red construction paper 1x Black construction paper 2x Googly eyes 1x Black marker 1x Glue stick	1x Scissors
GAME Time	OFFLINE	None	<i>Break out your favorite games or check out our Lending Library for other games!</i>
★SCAVENGER HUNT★	OFFLINE	Scavenger hunt list	Pencil, camera or bucket (for collecting items)
LENDING LIBRARY	OFFLINE	<i>We have a variety of specialized recreation, play, and sensory equipment! Request items here:</i> https://sites.google.com/adaptabilities.ca/lendinglibrary/resource-catalogue	None