

# GROUP: YOUNG ADULTS

## WEEK 3



Monday July 17	Tuesday July 18	Wednesday July 19	Thursday July 20	Friday July 21
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE	9:00 AM LEAD ACTIVITY HUDDLE	9:00 AM LEAD ACTIVITY HUDDLE	9:00 AM LEAD ACTIVITY HUDDLE	9:00 AM LEAD ACTIVITY HUDDLE
9:15 AM ESSENTIAL SKILLS Backyard Science	9:15 AM RECREATION & MOTOR Nature Scavenger Hunt	9:15 AM ESSENTIAL SKILLS Transit Safety	9:15 AM RECREATION & MOTOR Rhythmic Movement	9:15 AM ESSENTIAL SKILLS Kitchen Layered Lemonade
<b>B</b> 10:30 AM SPECIAL GUEST Artventures 	11:00 AM FIELD TRIP Swimming Terwillegar Rec Centre 	11:00 AM FIELD TRIP 100 St Funicular 	<b>NBR</b> 11:00 AM FIELD TRIP Royal Alberta Museum 	<b>NBR</b> 11:00 AM FIELD TRIP K-Days 
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 AM LUNCH BREAK	12:15 PM LUNCH BREAK
WATER FIGHT Water Balloons, Super Soakers 	FIELD TRIP Swimming Terwillegar Rec Centre 	1:00 PM FIELD TRIP Whitemud Ravine Nature Walk 	FIELD TRIP Royal Alberta Museum 	FIELD TRIP K-Days 
1:45 PM RECREATION & MOTOR Amazing Race	1:45 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	1:45 PM 	1:45 PM EXPRESSIVE ARTS Summer Banners	1:45 PM ESSENTIAL SKILLS Frozen Crunchy Slime
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

**Note:** activities and field trips are subject to change without notice.