






GROUP: TEEN

WEEK 5

Monday July 31	Tuesday August 1	Wednesday August 2	Thursday August 3	Friday August 4
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 
9:15 AM EXPRESSIVE ARTS Glow in the Dark Jell-O	9:15 AM RECREATION & MOTOR Mindful Meditation	9:15 AM ESSENTIAL SKILLS Community Safety	9:15 AM EXPRESSIVE ART Improv Games	9:15 AM ESSENTIAL SKILLS Backyard Science
11:00 AM EXPRESSIVE ARTS Dreamy Dream Catchers	 11:00 AM FIELD TRIP Combat Archery 	11:00 AM EXPRESSIVE ARTS DIY Donut Scented Soap	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	 11:00 AM FIELD TRIP Snow Valley Park: Mining 
12:00 PM LUNCH BREAK	12:00 AM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:15 PM LUNCH BREAK
1:00 PM RECREATION & MOTOR Dodgeball Tournament	FIELD TRIP Combat Archery 	1:00 PM RECREATION & MOTOR Explore Ermineskin 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP Snow Valley Park: Golf 
WATER FIGHT Water Balloons, Super Soakers 	1:45 PM EXPRESSIVE ARTS Crystal Geode Eggs	1:45 PM EXPRESSIVE ARTS Friendship Bracelets	1:45 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	1:45 PM EXPRESSIVE ARTS Gratitude Board
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: activities and field trips are subject to change without notice.