

GROUP: YOUNG ADULTS

WEEK 8



Monday August 21	Tuesday August 22	Wednesday August 23	Thursday August 24	Friday August 25
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY 	9:00 AM LEAD ACTIVITY
9:15 AM ESSENTIAL SKILLS Backyard Sciences	9:15 AM ESSENTIAL SKILLS Hang Man	9:15 AM ESSENTIAL SKILLS Transit safety	9:15 AM ESSENTIAL SKILLS Mindfulness Meditation Sensory Unwind	9:15 AM ESSENTIAL SKILLS Birthday cake slime
10:00 AM WATER FIGHT Water Balloons, Super Soakers 	11:00 AM FIELD TRIP Edmonton Fringe Festival 	11:00 AM FIELD TRIP Whitemud Park Campfire 	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	11:00 AM FIELD TRIP Fort Edmonton Park
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:15 PM LUNCH BREAK
12:30 PM SPECIAL GUEST Artventures 	FIELD TRIP Edmonton Fringe Festival 	1:00 PM FIELD TRIP Whitemud Ravine Nature Walk 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP Fort Edmonton Park
1:45 PM EXPRESSIVE ARTS Kindness rocks	1:45 PM EXPRESSIVE ARTS Fridge magnet tiles	1:45 PM RECREATION & MOTOR Group Games	2:00PM EXPRESSIVE ARTS DIY Stress Ball	2:00 PM TRANSIT TO CENTRE
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: activities and field trips are subject to change without notice.