
















GROUP: YOUNG ADULTS (CENTRAL)

WEEK 8



Monday August 19	Tuesday August 20	Wednesday August 21	Thursday August 22	Friday August 23
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 
9:15 AM EXPRESSIVE ARTS Gardening Project	9:15 AM EXPRESSIVE ARTS Bath Bomb Creations	9:15 AM ESSENTIAL SKILLS Root Beer Float Popsicles	9:15 AM ESSENTIAL SKILLS Slime	9:15 AM ESSENTIAL SKILLS Disney Trivia
11:00 AM FIELD TRIP River Valley Hike 	11:00 AM FIELD TRIP Bonnie Doon Bowling 	11:00 AM FIELD TRIP Edmonton Fringe Festival 	11:00 AM FIELD TRIP Swimming Commonwealth Rec Centre 	11:00 AM FIELD TRIP Splash Park 
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
WATER FIGHT Water Balloons & Super Soakers At Kinsmen Spray Park 	FIELD TRIP Bonnie Doon Bowling 	FIELD TRIP Edmonton Fringe Festival 	FIELD TRIP Swimming Commonwealth Rec Centre 	FIELD TRIP Splash Park 
2:15 PM RECREATION & MOTOR Tai Chi	2:15 PM EXPRESSIVE ARTS Yarn Letter Decor	2:15 PM ESSENTIAL SKILLS iSpy Sensory Bottle	2:15 PM ESSENTIAL SKILLS Mindfulness Meditation & Sensory Unwind	2:15 PM RECREATION & MOTOR Group Games
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: All activities and field trips are subject to change without notice.