










# GROUP: YOUNG ADULTS (CENTRAL)

## WEEK 1



Monday June 30, 2025	Tuesday July 1, 2025	Wednesday July 2, 2025	Thursday July 3, 2025	Friday July 4, 2025
<b>All AdaptAbilities Programs Closed - No Camp -</b>	<b>All AdaptAbilities Programs Closed - No Camp -</b>	7:30 – 9:00 AM <b>BEFORE CARE</b>	7:30 – 9:00 AM <b>BEFORE CARE</b>	7:30 – 9:00 AM <b>BEFORE CARE</b>
		9:00 AM <b>LEAD ACTIVITY</b> HUDDLE 	9:00 AM <b>LEAD ACTIVITY</b> HUDDLE 	9:00 AM <b>LEAD ACTIVITY</b> HUDDLE 
		9:15 AM <b>EXPRESSIVE ARTS</b> Summer Camp Bucket List	9:15 AM <b>EXPRESSIVE ARTS</b> Sunflower Prints	9:15 AM <b>RECREATION &amp; MOTOR</b> Group Games
		11:00 AM <b>KITCHEN SKILLS</b> <i>*Gummy Bear Making*</i> 	11:00 AM <b>FIELD TRIP</b> Swimming Clareview Rec Centre 	11:00 AM <b>FIELD TRIP</b> Foam Fighters 
		12:00 PM <b>LUNCH BREAK</b>	12:00 PM <b>LUNCH BREAK</b>	12:00 PM <b>LUNCH BREAK</b>
		<b>WATER FIGHT</b> Water Balloons & Super Soakers 	<b>FIELD TRIP</b> Swimming Clareview Rec Centre 	<b>FIELD TRIP</b> Foam Fighters 
		2:15 PM <b>EXPRESSIVE ARTS</b> Sidewalk Chalk Art	2:15 PM <b>ESSENTIAL SKILLS</b> Sensory Unwind	2:15 PM <b>EXPRESSIVE ARTS</b> Animal Keychains
		2:45 PM <b>PREPARE FOR PICK-UP</b>	2:45 PM <b>PREPARE FOR PICK-UP</b>	2:45 PM <b>PREPARE FOR PICK-UP</b>
		3:00 – 6:00 PM <b>AFTER CARE</b>	3:00 – 6:00 PM <b>AFTER CARE</b>	3:00 – 6:00 PM <b>AFTER CARE</b>

**Note:** All activities and field trips are subject to change without notice.