
















GROUP: YOUNG ADULTS (CENTRAL)

WEEK 3



Monday July 14, 2025	Tuesday July 15, 2025	Wednesday July 16, 2025	Thursday July 17, 2025	Friday July 18, 2025
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 
9:15 AM EXPRESSIVE ARTS String Art	9:15 AM ESSENTIAL SKILLS Scented Bath Bombs	9:15 AM EXPRESSIVE ARTS Mars Rover	9:15 AM RECREATION & MOTOR Group Games	9:15 AM EXPRESSIVE ARTS Kindness Rocks
10:45 AM FIELD TRIP Zumba Commonwealth Rec Centre 	11:00 AM FIELD TRIP Bonnie Doon Bowling 	11:00 AM KITCHEN SKILLS *Cookies* 	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	11:00 AM FIELD TRIP Taste of Edmonton 
40 12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
WATER FIGHT Water Balloons & Super Soakers 	FIELD TRIP Bonnie Doon Bowling 	1:00 PM FIELD TRIP The Reuse Centre 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP Taste of Edmonton 
2:15 PM RECREATION & MOTOR Photo Scavenger Hunt	2:15 PM EXPRESSIVE ARTS Face Painting	2:15 PM EXPRESSIVE ARTS Recycled Magazine Art	2:15 PM ESSENTIAL SKILLS Sensory Unwind	2:15 PM RECREATION & MOTOR Around the World Trivia
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: All activities and field trips are subject to change without notice.