















GROUP: YOUNG ADULT (CENTRAL)

WEEK 5



Monday July 28, 2025	Tuesday July 29, 2025	Wednesday July 30, 2025	Thursday July 31, 2025	Friday August 1, 2025
7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 
9:15 AM RECREATION & MOTOR Beachball Games	9:15 AM EXPRESSIVE ARTS Waterfall Canvas Painting	9:15 AM EXPRESSIVE ARTS Tote Bag Designs	9:15 AM RECREATION & MOTOR Group Games	9:15 AM EXPRESSIVE ARTS Photo Frames
11:00 AM ESSENTIAL SKILLS Gardening Project	11:00 AM FIELD TRIP The Rec Room (WEM) 	11:00 AM KITCHEN SKILLS <i>*Gummy Bear Making*</i> 	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	11:00 AM FIELD TRIP Edmonton Corn Maze 
12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
WATER FIGHT Water Balloons & Super Soakers 	FIELD TRIP The Rec Room (WEM) 	1:00 PM FIELD TRIP Alberta Legislature Grounds 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP Edmonton Corn Maze 
2:15 PM EXPRESSIVE ARTS Tile Art	2:15 PM EXPRESSIVE ARTS Pocket Hugs	2:15 PM ESSENTIAL SKILLS Oobleck	2:15 PM ESSENTIAL SKILLS Sensory Unwind	2:15 PM RECREATION & MOTOR Bingo
2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: All activities and field trips are subject to change without notice.