

GROUP: YOUNG ADULTS (CENTRAL)

WEEK 6



Monday August 4, 2025	Tuesday August 5, 2025	Wednesday August 6, 2025	Thursday August 7, 2025	Friday August 8, 2025
All AdaptAbilities Programs Closed - No Camp -	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE	7:30 – 9:00 AM BEFORE CARE
	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 	9:00 AM LEAD ACTIVITY HUDDLE 
	9:15 AM EXPRESSIVE ARTS Tie Dye	9:15 AM EXPRESSIVE ARTS Paper Mache Project	9:15 AM RECREATION & MOTOR Group Games	9:15 AM EXPRESSIVE ARTS Scratch Art Doodles
	11:00 AM FIELD TRIP Jackie Parker Park 	11:00 AM KITCHEN SKILLS *Cookies* 	11:00 AM FIELD TRIP Swimming Clareview Rec Centre 	11:00 AM FIELD TRIP Vertically Inclined 
	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK	12:00 PM LUNCH BREAK
	WATER FIGHT Water Balloons & Super Soakers 	1:00 PM FIELD TRIP Hexagon Board Game Cafe 	FIELD TRIP Swimming Clareview Rec Centre 	FIELD TRIP Vertically Inclined 
	2:15 PM ESSENTIAL SKILLS Sugar Scrub	2:15 PM RECREATION & MOTOR Scavenger Hunt	2:15 PM ESSENTIAL SKILLS Sensory Unwind	2:15 PM RECREATION & MOTOR This or That?
	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP	2:45 PM PREPARE FOR PICK-UP
	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE	3:00 – 6:00 PM AFTER CARE

Note: All activities and field trips are subject to change without notice.